Uni5 Selftual Navarathri

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Transliteration code for pronunciation

क ka	ख kha	ग ga	घ gha	ङ nga
च cha	छ chha	ज ja	झ jha	ञ na
ट ta	ठ tha	ड da	ढ ḍha	ण na
त ta	थ tha	द da	ध dha	न na
प pa	फ pha	ब ba	भ bha	म ma
य ya	र ra	ल la	व va	
श sha	ष sha	स sa		
ह ha	ळ la			

अ	आ	इ	ई	उ	ऊ	
a	aa	i	ee	u	oo	
ए	ऐ	ओ	औ	अं	अँ	अः
e	ai	o	au	an	am	aha
प	पा	पि	पी	पु	पू	
pa	paa	pi	pee	pu	poo	
पे	पै	पो	पौ	पं	पाँ	पः
pe	pai	po	pau	pan	pam	paha

1.0 INTRODUCTION

Purpose of life is to be Happy: We all want to be lucky in life to lead a happy life. However, we undergo a constant cycle of happiness and sorrows in life. What is the secret behind the prosperity and happiness in life? If you patiently read the next few pages, you will decode the mystery of the pattern of life.

GOD as Male and Female: God loves all of us equally, irrespective of whether we are good or bad, believer or non-believer of any religion. This unconditional aspect of God is symbolized as Male and has no form, shape, size, or any attributes with limitations. However, if God has the potential to be everything and loves without any conditions, then why is there suffering in life?

Irrespective of being hard working or lazy, being good or dishonest, leading a healthy or unhealthy life style, atheist or reglious, everyone's life is different from others in terms of richness, health, being intelligent, talented and happy. This is because each one posseses a different share of GOD energy or luck energy (Bhaagya-Shakthi). This energy aspect of GOD is symbolized as female.

This Universal Truth is reflected even at your work place, where the company treats all employees equally (Male Aspect), but gives different salaries to employees based on their level of sacrificial work performed for the benefits of the company (Female aspect).

Thyaga-neiga Amrit thathva Maanasu: *Oh Mind understand the core concept that only through thyaga you attain immortality.*

Through sacrificial rituals (Thyaga), one gets the share of God's Energy or Bhaagya Shakthi. However, if someone always leads a selfless life, treating everyone as equal as himself, then these ceremonial rituals are not needed, because the person is bestowed automatically with the share of God's Energy without any conditions.

An individual who leads a selfish life, loses the Bhaagya Shakthi through his actions and so rituals become important to recharge the energy. This is needed until one attains a desireless state of not spending Energy on material comforts. Instead if the individual saves the Energy obtained by living for the welfare of the Universe, it can be used to attain Moksha.

As long as an individual has desires, he cannot devoid himself of Bhaagya Shakthi, talking Vedanta, which is about the Male quality of God only. Shakthi mode of spirituality makes the life journey to Moksha or unconditional happiness (Ananda) easy to achieve.

For a householder with desires, Energy with set purposes or lakshyas (Lakshmis) is very vital. Money-Energy (Lakshmi) is one of the three primary forms of energy that is vital for transaction in life. The other being Durga and Saraswathi. With money energy you can buy anything you want in material form. Same way with luck-Energy or Bhaagya Shakthi, you can get the desires fulfilled. However, one needs Energy in other faculties of life also and so along with Lakshmi (Energy), other two forms of Energy, Durga (protection) and Saraswathi (Knowledge to know the Truth of life) are equally important.

Why Celebrate Navarathri? We possess this Energy (Bhaagya-Shakthi or Luck Energy) for life prosperity and we lose it by fulfilling our desires. We need to get more of this Energy to keep life going smoothly and so we should do every day or at least once in a year on these 9 nights.

Navarathri is 9 + 1 = 10 (Vijaya Dashami)

Energizing through the nine nights and a day, the Vijaya Dashami (10) is the success formula for living a happy life. Without using the word “Energy”, everything is merely an unseen philosophical concept.

Everything in this Universe from the atom to a human being is in the dynamism (Spanditha) of this “One Single” Para-Shakthi (Mother-Energy) only.

Like our mother who creates each one of us from one single cell to a human body of 100 Trillion cells, this Single Universal Energy is symbolized as female and the philosophical concept as male.

The transformation of One Energy in Time and Space into many forms in the Universe is known in Tamil language as Samaya (Time) Pura (Space) Maari-Amma (Changing Energy).

How to celebrate and attain the Energy? Rituals are not done to please any Gods. Rituals are done for our benefits to generate Luck Energy...and use it all five levels of our Being to lead a happy life. In this process the rituals also make an individual to lead a selfless life, extending his sacrifice from his family to the world as a family at large. Therefore Navarathri rituals not only helps in material wealth (Feminine) but in spiritual evolution as well (Male aspect).

All these Truths are explained and practiced in Navarathri by using Golu which symbolizes this Universe and the Energy aspects, using the Universal pattern of Energy (Samkhya or Uni5 Pattern).

The core principle of Uni5 is that "*Energy (Bhaagya Shakthi), cannot be created nor destroyed but only can be transformed from one form to another*". You sacrifice one of your five levels of your being - Body, Mind, Intelligence, Awareness (Time-Money) and Consciousness (Life) and transform it as Bhagya Shakthi. Higher the levels, higher the Bhagya Shakthi we receive.

The Uni5 Golu pattern is arranged in nine steps with khalasa (coconut) in the top zero step, representing the Para-Brahmam. This zero step is not counted because it is the unmanifest and all the manifested forms are displayed in the subsequent nine steps below. The first (acutally 2nd) step is Kaala-Bhairava, Kaali showing Energy as Time. In this step also show Ardha Naareeshwara (Half Male, half female-Shiva-Shakthi).

The second step (3rd) is where the Shakthi needs a pattern to form Energy forms for Shiva, to take a ride as a life form (Jeevatma). Here Gopala Sundari or Half Shakthi, Half Vishnu is shown or Ayyappa can be kept, because he is the Saastha or teacher of these patterns of the Truth or Dharma. In the third step (4th) the Tri-Murthis and Tri-Shakthis are ready to manifest in the perceivable realm. Here the knowledge of them is represented by Muruga.

Here ends the five realms of the Subtlest Energy. Below comes the five realms of the Cosmic forces that help us to live life according to energy levels and increase Energy to get into the above level to attain Moksha.

On the fourth step (5th) you can keep the Pancha Bhootas or Navagrahas represented as the Devatas or Cosmic government maintenance officers. On the

fifth step (6th) Ashta lakshmi's Avatars can be kept. Saints can be kept on the sixth step (7th). On the 7th step (8th) human beings, artists, politicians, movie actors, can be shown. On the 8th step (9th) animals, birds, plants are shown. On the 9th step (10th), Ganesha is seated to represent the Muladhara Chakra in all beings. Shiva's Trishul and Shakthi's Vel together, tied as one and kept in the Golu, representing the Shiva-Shakthi Union (Self-Realization) in Navarathri.

Cut a lemon and apply kumkum on it using thumb finger and keep it on both sides of the Golu (either close to the first step or the last step).

Golu is Ardha Meru, the Half of Sri Yantra: The whole Energy is a play of three Energy aspects (Shiva, Shakthi and Vishnu) and so represented in a triangle. This triangle can be focussed downward on material aspects or up to spiritual evolution. The interlay of these triangles is the Shriyantra or its 3D form, the Meru. Golu is Ardha Meru and so you invoke the Energy in this big Yantra.

Energy always needs a Carrier (Vaahana) and the process of its invocation is Aavahana: Cosmic Energy in the form of luck Energy is invoked in a technological manner.

1. On the New moon day of Ammavasya, do the Pitru pooja and give the dead ancestors (Pitru's), the Energy needed to be born again. For this act, the cosmic government gives you Energy blessings in return. In the evening set the Golu and also the Khalasa Sthapana or Ghadasthapana.

Take a small copper vessel and take clean water and add tulsi (holy basil) to it. Invoke Ganga and the holy rivers with the mantra. ***Gange cha Yamune chaiva Godavari Saraswati Narmade Sindhu Kaveri jalesmin sannidhim kuru.*** This copper vessel will be the body of Devi and the blood is the water. Then take a clean fresh coconut (head of Devi) with its fiber nose pointing upward, which is hair of Devi. Apply kumkum and turmeric as Bindu on it. And keep it on the vessel with water. Keep the nose part of the coir fiber on the top. Then keep it on the topmost step (zeroth) in the center chanting Amme naraayana, Devi naraayana, Lakshmi naraayana, Badrae naraayana.

Which form of Devi should we Invoke? Based on the need of the family, invoke the Energy form of Devi you need for the year. Every year you can change the Devi Energy form to be invoked according to your interest.
Remember that it is a matter of Energy like money. So stick on to only one desire and do not dilute the energy with too many Sankalpa to fulfill several desires.

General Format of Navarathri Pooja: Start on time every evening which is comfortable for you. Example.

6:00 pm – 6:15 pm: Invocation of Devi in Golu. Start reading the first section as given in this book.

6:15 – 7:00: Lalitha Sahasranama (Section 2)

7:00 – 7:15: Chant Durga astothram 108 on first 3 days, Lakshmi astothram on 4, 5 and 6th days, Sarasathi Astothram on 7, 8 and 9th day and Mahisasura Astothram on the tenth day. Devi slokas

7:15 – 7:30: Chant the Dasa Maha Vidya Mantra one for each day followed by Durga Sapthasloki.

7:30 – 7:45: Sing Kirtanams, Bhajans etc

7:45 – 8:.00 Lingashtakam, followed by Mahishasura Mardini Sthothram

8:00 - Aarthi and Prasad distribution

Accessory Rituals:
The single Energy (AMMA) that manifest by changing into different forms are analogous to the different stages of a women. They are worshipped for invoking a particular aspect of Prosperity (Energy) in life.

1. Infant Girl, the seed form- Bala-Ambika Prosperity in form of physical health (Maathru Pooja).
2. Teenage girl – Kanya _ welfare (Energy) of mind, home, relationships (Kanya Pooja).
3. Married Women – Sumangali- For prosperity in form of material wealth (Sumangali Pooja, wedding ritual).
4. Middle aged- Raja Rajeswari- in form of governance and management (Ayudh Pooja).
5. Old- Lalitha Tripura Sundari- Wisdom to know wholistically (Chandi Homam).

1. **Mathru Pooja**: On any of the days do Mathru Pooja, by chanting the mantra given by honoring your own biological mother or Devi as ParaShakthi's expression. Sprinkle water on feet or wash their feet and while applying Kumkum and flower on their feet, feel you are connecting to AMMA.
2. **Kanya pooja:** Girls till teenage or Devi as ParaShakthi's expression can be honored by applying Kumkum and flower on their feet (See above).
3. **Sumangali Pooja:** Wedding for Marapaachi Dolls conducted by children to (Bomma Kalyanam) – They represent the family lineage or heritage. This also gives children importance of married family life. This is the union of Para Brahmam and Shakthi. After this married women or Devi as ParaShakthi's expression can be honored by applying Kumkum and flower on their feet.
4. **Ayudh Pooja**: All appliances or tools including books, car we use in daily life are honored as Devi's expression (technical knowledge) by applying Kumkum and flower on their 'feet'.
5. **Vidyarambam**. On Vijaya Dashami day, success in all walks of life is initiated as ParaShakthi's expression, children start education. On a plate spread turmeric mixed rice (slightly spinkle water) and then make children write AUM Shree Hari Shree Ganapathaye Namaha in your mother tongue.

Aarati: Showing fire as many, five, then one. This is not mandatory. Many wicks lamp (Sahasra deepam) suggest, AMMA is in many forms. Then showing five wicks deepam (Pancha Deepam) suggest, AMMA as Pancha Bhootas, then finally Eka deepam (one) suggest, there is only One "Energy". You can do this all days, if not last day also is fine. There is no compulsion in the rituals. The more you do, better for you. But no God or Goddessess will be angry on us. It is for our benefit we are doing and not to please anyone.

Prasad: Usually a sweet is made every day along with sprouted beans' variety as raw or garnished with spice and salt.

Pitru Pooja: Maahalaya Ammavasya is the important New moon day to do pitru Pooja. It is best to do 10 days before the Navarathri. If not possible, do the pitrupooja on the new moon day, which then follows to Navarathri.

Dandiya Dance can also be additional rituals that can be done in Navarathri time to bring emotional one-ness with everyone.

Devi Mahatmya book is covered with a red silk cloth and then kept on an Aasana (seat) – a book stand and worshipped as Devi herself during the Navarathri times. A lamp is lit and then the 700 verses are split in the 10 days and recited.

Chandi Homam is very good to invoke prosperity Energy by using fire Energy as a carrier. All 700 slokas of Devi Mahatmya are chanted in doing the homa.

Dhaana Dharma: Highest merit is obtained in doing charity. So do charity acts during Navarathri times brings the highest prosperity or luck energy.

Flexibility: There is a lot of flexibility in doing the rituals. You can keep 3 or 5 steps to begin with and increase accordingly to 10 in the successive years. You can have flexibility in the chantings also. Very important is to involve children in all the aspects, either in arranging dolls, allow them to sing or tell stories in between the chantings etc.

Final day:
On the last night, do final aarathi and mangalam for the Golu. Again cut a lemon and apply kumkum on it using thumb finger as an act of Bali or sacrifice. The lemon can be discarded the next day.

Thank all the Devatas staying at your home for the 10 days. Ask Devi to pardon for any mistake you made. Chant the kshama mantra. Then thank all the dolls also with gratitude. Request Devi to always be present in your heart and again come for the Navarathri next year.

Then do Yathas-sthaanam. This means you are asking Devi to return to her abode by gesturing with hands towards north direction and chanting Yatha sthaanam Karishyae.

Make all the dolls lie down in the stands itself (where they have been standing all 10 days). The next day (11th day) you can remove them.
Remove the Khalasa and use the water to sprinkle around your house or pour in a river. Any dried flowers can be disposed or buried in premises of your house or composted.

1.1 LAMP LIGHTING

Light the Lamp (five wicks) in your Pooja room after putting kumkum to the lamp and offering a flower, invoking the lamp as the embodiment of Devi's Shakthi. Then chant 3 times **Aum**.

AUM

AUM Para Brahma Aarambham
Paraa Shakti Madhyamam
Asmat Aacharya Paryantham Vande Guru Paramparaa

It is very important to get permission from your Guru to do the Complete Navarathri Pooja using the mantras of Devatas. So few seconds you meditate on your Guru asking permission before you proceed further.

AUM Sath Gurubhyo Namaha
AUM Hari Shree Ganapathaye Namaha

Akhanda Mandalaa Kaaram
Vyaaptam Yena Charaacharam
Tatpadam Dharshitam Yena
Tasme Shree Guruve Namah

Agyaana Timiraandasya
GyaanaanJana Shalaakayaa
Chaksharumeelitam Yena
Tasme Shree Guruve Namah

Guru Brahma Guru Vishnu
Guru Devo Maheshvarah
Guru Saakshaat Param Brahma
Tasme Shree Guruve Namah

AUM Sapta Rishiyai Namaha

1.2 GURU'S VANDHANAM

महर्षिः कपिलाचार्यः कृतज्ञो मेदिनीपतिः ।

त्रिपदस्त्रिदशाध्यक्षो महाशृङ्गः कृतान्तकृत् ॥ ५७ ॥

Aum Maharshi Kapila-chaaryah Kritagno Medineepatih |
Tripadas Tri-dasha-adhyaksho Maha-Shringa Kritaantakrit
AUM Maharishi Kapilachaaryayai Namaha ||*57- Vishnu Sahasranamam*||
(Offer a flower)

To Maharshih Kapilaachaaryah with gratitude, the one who has mastered the entire knowledge, the one who is the knower of all the created objects, and crossed the three realmstoblissfullypresident the highest state where one annihilates all actions to the Eternal actionless state.

Gyaana mudraaya krishnaaya Gita amrita duhe namah
ज्ञानमुद्राय कृष्णाय गितामृतदुहे नमः ॥३॥

I bow to Krishna who gave the nectar Geetha showing the Chhin mudra.

AUM Jagad Guru Aadi Shankaracharya Namaha.

Chant your current Guru's Vandanam (Sloka)….example…..

AUM Amriteshwaryai Namaha.
Dyayamo Dhavala Kundana Vatheem
Thejo Mayeem Naishtikeem
Snigthaa Paanga Vilokineem Bhagavatheem
Mandhasmitha Shree Mukeem
Vaatsalya Amrutha Varshineem Su-Madhuram
Sangeerthana Aala-bineem
Sya-maangeem Madu-Siktha Sookthaam
Amritanand Aathmikaam Ishvareem
AUM Amriteshwaryai Namaha.

(Offer a flower)

Now go to the Golu Stand and light lamp in front of Golu

1.3 GANESH VANDHANAM

AUM Gana-naa-am Tvaa Ganapatim Havaa-mahe
Kavim Kaveenaam-Upama-Shravas-Tamam
Jyestha-Raajam Brahmanaam, Brahmanas-Pata
Aa Nah Shrinvan-Nootibhih-Seeda-Saadanam
AUM Mahaa-Gana-Adhipataye Namah

AUM Gam Ganapathaye Namaha, Aavaahayami, Sthaapayaami, dhyaami, Poojayaami.

(Invite with both your hands from the space above towards the lamp as an act of invoking him in the lamp light. Understand that Ganesha is now present in the subtle energy form of light in front of you. Offer a flower to the feet of the lighted lamp placed in front of the Golu. Blow the conch at this juncture and sway fan as an act of inviting him as the King at your home. You can ring a bell or drums at this point. Ganesha represents the Primordial Energy that has not even taken the proper form in the material world and Ganesha is symbolized as a gigantic elephant.

Do Ganesha Yoga with Breathing Awareness. Feel that from the Cosmic Energy, Ganesha is filling in you and all the deities in the Golu and in all beings around you. Thus you are charging with your awareness along with the breath which is called as Praana-Prashista or enlivening God's Energy in the primordial form as Ganesha.

You can do the following chanting and then do the Praana Prasthita. Another way is to do Ganesha Yoga after every chant. In total you may do 3, 5, or 10 times of Ganesha Yoga for Praana Prathista.
Aum Shreem Hreem Kleem Glaum Gam Ganapataye
Vara Varadaa Sarva Janamme Vashamanaayaa Svaha

Shreem, Hreem, Kleem, Glaum and Gam are the Beej sounds resonating with God's Energy. Utterance of it will connect you to that Energy in the Primordial form of Ganesha. Now you request Ganesha for Energy boon (Vara) to be transferred (Vasham) to all the aspects (Sarva) of your life (Janam). In a Homa you do the offering through the Energy career of Agni (Swaaha Devi).

Keep a sweet or even one date or a banana near him as an offering and continue with the pooja.

GAYATHRI MANTRA

"AUM Bhoor Bhuvah Svaha, Tat Savitur Varenyam, Bhargo Devasya Dheemahi, Dhiyo Yo Nah Pra-chodayaat !"

This is the most important mantra because the Sankalpa or objective of all rituals is to invoke that (Tat) worthy (Varaneeyam) Energy (Savitur), which we witness as physical Body (Bhoor),Awareness (Bhuva) and Consciousness (Svaha), to inspire (prachodayat) our (Yo Nah) mind to radiate (Bhargo) brightly (Devasya) by imbuing/meditating/transforming(Dheemahi) , in the form of intelligence (Dhiyo).

AUM Samaya Pura Maariammayai Namaha

Understand that there is only one Energy that in Time (Samaya) and Space (Pura) will change (Maari) and be the mother (Amma) of all creation.

(Offering flower to Devi or lamp)

AUM Shapta Kannikaayai Namaha
(Offering flower petalss to the seven forms of Devi or lamp)

1.4 INVOCATION OF GOLU

Invoke Devi in Golu by using flowers in each step chanting. Place the first flower to Ganesha in the lowest step by chanting

AUM Sarvam khalvidam Evaham Naanya Daashti Sanaathanam (9 times).
(All that is, I Am, Eternal)

Invoke Devi in all nine steps of Golu chanting the above mantra and offering one flower to each step. Finally, you place the 10th flower on top of the Khalasa, the invoked form of Devi. Chant the Moola Mantra or Gayathri Mantra of the Devi you have invoked for the year.

2.0 DURGA

2.1 SHREE LALITHA INVOCATION

AMMA (Sakthi) or Energy in this Cosmos follows a Self created five-pattern system. Through this Universal Energy Pattern, the single Energy Self-differentiates into subtle and gross solid forms and finally attains/integrates its unmanifest or Non-Energy state (Consciousness, Brahman, Purusha, Shiva etc).
This unmanifest and manifest form is analogous to water (unmanifest) and Ice (Manifest solid form). Both the states occurs eternally. Shiva or Consciousness has no desires or limitations and so no manifestation. Sakthi is with desires and all qualities and so the creation happens.

The great knowledge (Maha-Vidya) of the journey of Unmanifest to Manifest Sakthi in five stages and finally to Unmanifest stages in five stages totals to 10 or Dasa (Dasa-Maha-Vidya). This 10 is zoomed to 1000 stages of differentiation and integration steps, named as the Lalitha Sahasranamam.

The differentiating stages of five is the Maaya realm and the integrating stages is the Maha-Maya Level. The cycles of birth and death occurs in the Maaya realm, which one has to cross to enter into the Maha-Maaya realm.

The differentiated Energy (AMMA) is partitioned in quantum packets of Energy-Bhaagya Sakthi (Luck Energy) in several levels. A Jeevatma (Soul) is one such quantum bit that then assumes separation when entering into the Maya realm from the Maha Maaya realm. In the Maaya realm, then this Energy unit develops attachment to a particular level without moving forward. This is experienced as suffering.

Demons are the symbolic of the blocks one encounters in every stage of the journey to the primordial Unmanifest state. Our attachments (Bandhana aspect of Ego) and resistance (Tamas form of Ego) to evolve internally further is symbolized as the two demans in Lalitha Sahasranama in Brahmandapurana and Mahisasura in Markandeya Purana. The Ego attachment functions in five stages of three levels (physical attachments, emotional attachments, intellectual attachments). These are the six-Malaas of Kama, Krodha, Moha, Lobha, Madha and Maatsarya, which one should get rid off (internal purification).

This is not an easy task for the Saadhaka and the means to remove the blocks are symbolized as Aayudha or weapons. The Energy for the action is symbolized as the ten forms of Devi. The action is portrayed as a battle, in which the progress of the victory junctions are symbolized as Kundalini raising Chakra points. One may have to do Aavarthana or rounds like a wheel, till the attachment is severed without any strings attached.

The whole road-map phenomenon is enlightened and enlivened in Lalitha Sahasranama and a sadhaka who does with this Awareness is clear of the journey to the source with success celebrated as Vijaya Dasami.

We have grouped those stages with sub headings so that the person who does the chanting gets the awareness of these stages and connect with it and undergo those changes.

1. Body—All the verses that describe Divine Mother's physical appearance, her physical place of residence and her various other forms are grouped under Body.

2. Mind—All the verses that describe her story, who and what are dear to her, her grace on devotees, how to worship and be one with her.

3. Intelligence—All the verses that describe about hidden Mantras, Yoga and Kundalini secrets to realize her.

4. Awareness—All the verses that describe her playful acts and how she enjoys it, her presence in various forms of the Universe and all the dualities of the existence

5. Consciousness—All the verses that describe her formless state and her oneness with Lord Shiva.

2.2 Pattern of Lalitha Sahasranamam

Chanting Lalitha Sahasranamam

The Maharishi's recommend to do Nyasam and Dhyanam before chanting any Sahasranamam or even doing Japa or Puja. Nyasa is a Sanskrit word which means placing or fixing. In simple words Nyasa means to invoke "Divinity" in our Awareness, through the faculties of body, mind and intelligence. Dhyanam follows connecting the Awareness to Consciousness.

Nyasam has these sections.



Rishi Nyasa- brings to the Awareness of the Rishi or seer who comprehended it from the higher. Mudras for Rish nyasam: Join your thumb with the tip of the ring finger (mudra for entire Rishi Nyasam) and while taking the name of the Rishi place your hand holding the mudra on top of your head. This connects your Awareness to the Rishi's Awareness. Through the Rishi we connect to the Devata.

Devata Nyasa - This refers on whom the mantra is addressed seeking blessing. Devata Nyasam. While taking the name of the Devata on whom the Vedic verse is addressed, you place your hand with the same mudra in centre of your chest signifying placing/invocation/offering seat to the devata in your hear

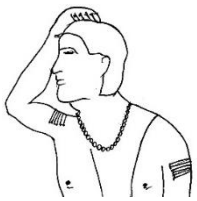
Chanda Nyasm - "Chandas" are the meter in which these Vedic slokas are composed. The Chandas are like the breath or prana Shakthi. For example Gayatri Mantra has 24 syllables. Therefore any Vedic verse having 24 syllable will be known to be composed in Gayatri Chandas. Similarly Ushnik Chandas has 28 syllables, Anushtup Chandas has 32 syllables etc.
While taking the name of the Chandas in which the shloka has been composed hold the same mudra place your finger between the nose and upper lip. This signifies that the life breath of the mantra is the chandas therefore aptly near the nostrils. It's believed that the sloka becomes alive with this nyasam (you are infusing the life with your breath with this Chanda Mudra).

Know Before you proceed

Matrika Nyasa -Matrika Nyasa is a form where the 50 letters of the Sanskrit alphabets are placed on the body.
Kara (hand) Nyasa – The fingers in our hand are touched to connect the Seed mantras to our Awareness.
Anga Nyasa (Sadanga) – This is invoking Devi in body which also becomes like a kavach (armour) for us. Digh Bandhanam creates an external shield for protection.
Dhynam: Finally we meditate on Devi and invoke her in our Chit (Awareness).

Permission: It is very important to get permission from your Guru to do the Lalitha Sahasranamam Puja. So few seconds you meditate on your Guru asking permission before you proceed further.

Om Aim Hreem Kleem Chaamundaayai viche
ॐऐंह्रींक्लींचामुण्डायैविच्चे॥



Nyasam for Lalitha Sahasranamam Sthothram
Rishi, Devata, Chanda Nyasa

[Keep your right hand on the head and chant…]
Asya shree Lalitaa Sahasranaama Stotra Mahaamantrasya,
Vashinyaadi Vaagdevataa Rishihi



[Touch with your right hand on the nose and chant…]
Anushtup Chandaha



[Keep your right hand on the centre chest and chant…]
Shree Lalithaa Parameshwaree Devataa



[Keep your right hand on the right chest]
Shreemad Vaagbhava Kooteti– Aim Beejam



[Keep your right hand on the left chest]
Madhyakooteti, Kleem Shaktih
Shaktinyasam Kara Nyaasancha Kuryat Mama
Sauh keelakam



[Keep both the hands in anjali mudrā]
Shree Lalitha Parameshvari Prasada
Sidhyarthe Jape Viniyogah

Take Kumkum holding between thumb and ring finger and then chant with the feeling the Energy is invoked in the Meru. Do only if you are clean after a full bath and clean clothes.

Matrika Nyasa *(Visualize Devi)*
AUM Aim Hreem Shreem
AUM Hreem Lalithaambikaayai Namaha
Ka ye ee la Hreem (Picture in mind Devi's Face as Sri Vaghbhava Kootam)
Ha Sa Ka Ha La Hreem (Neck to Hip Sri Madhya Kootam)
Sa Ka La Hreem (Below waist to legs Sri Shakthy Kootam)
Now drop the Kumkum on Meru with the feeling that Devi in Shakti Energy form has invoked in Meru.



Karanyasam (Both Hands)
Aim Angusht-aabhyam Namaha *(use the index finger in both hands to touch the base of the thumb finger and move up)*



Kleem Tharjin-aabhyam Namaha *(use the thumb finger in both hands to touch the base of the index finger and move up)*



Sau Madhyama-aabhyam Namaha *(use the thumb finger in both hands to touch the base of the middle finger and move up)*

AIM Anamik-aabhyam Namaha *(use the thumb finger in both hands to touch the base of the ring finger and move up)*



Kleem kanistik-aabhyam Namaha *(use the thumb finger in both hands to touch the base of the little finger and move up)*

Sau Kara Thala Kara Prustak-aabhyam namaha
(All the fingers)





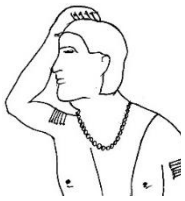




Anganyasam



AIM Hrudhayaya Namaha *(touching the chest)*



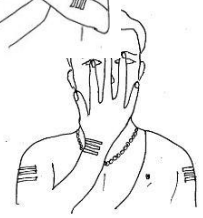
Kleem Shirase Svaha *(touching the head)*



Sau Shikayai Vaushat Hum *(touching the pony tail or shika or hair)*



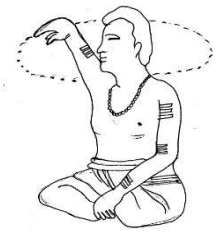
AIM Kavachaaya Hum *(touching crossly the shoulders)*



Kleem Nethra-thrayaya Voushat *(touching the 2 eyes & also in between the eye brews- open the index, middle and ring fingers of the right hand; touch both the eyes using index and ring fingers and touch the point between the two eyebrows (ājñā cakra) with the middle finger)*.



Sau Asthraaya Phat *(Place right hand index & middle finger swirl clockwise around yourhead once and then slap on left palm and clap 3x)*



(Chant the following while you snap your fingers around the head clockwise at each of the following: 12-3-6-9 O'Clock positions, respectively, as if you create a magnetic field of protection and as you chant '

Bhur Bhuva Suvaha Idhi Digh Bandaha *lock your rightand left pointer fingers together like two hooks and then release them)*



Mama Shree Lalithaa Mahaa Thripura Sundari Prasada
Siddhi-Dhwara Chin-thitha Phala Vyap-thyarthe Jape Viniyogaha

2.3 LALITHA SAHASRANAMA STHOTHRAM

DHYANAM (meditate on Devi)

Sindoora aruna Vigrahaam, Trinayanaam, Maanikya-mauli Sphurat
Taaraa naayaka Shekharaam, Smita mukheem, aapeena-vakshoruhaam
Paanibhyaam, Alipoorna Ratna Chashakam, Raktotpalam Bibhrateem
Saumyaam Ratna Ghatastha, Rakta-charanaam,
Dhyaayet Paraam Ambikaam

Dhyaayet, Padmaa aasana-sthaam
Vikasita Vadanaam, Padma Patraaya Taaksheem
Hemaam-bham, Peeta Vastraam-Karakalita-Lasad
Hema, Padmaam Varaangim

Sarva Alankaara-yuktaam, Satatam Abhayadaam
Bhakta-Namraam Bhavaneem
Shree Vidyaam, Shaanta Moortim
Sakala Suranutaam, Sarva Sampat Pradaatreem

Sakumkuma Vilepanaam, Alikachumbi Kastoorikaam
Samanda-hasi Tekshanaam, Sashara Chaapa Paasha Ankushaam
Asheshajana Mohineem, Arunamaalya Bhooshaam Baraam
Japaakusuma Bhaasuraam, Japavidhau Smared Ambikaam

Arunaam Karunaa Tarangitaak-sheem
Dhruta Paasha-ankusha, Pushpa Baana Chaapaam
Animaadi-bhir aav-rutaam Mayookai
Ahamityeva Vibhaavaye, Bhavaaneem

CONSCIOUSNESS:
AMMA Manifested as Energy (Agni) of Consciousness (Chit) as the Cosmic Universe (Kunda) for Divine Purpose (Deva Kaarya) of knowing herself (Sambhooda) through which she unites with Consciousness (Shiva). In parallel, this is the very same journey a seeker takes in life to know the cosmic Self by sacrificing his individuality, known as Moksha or liberation.

Aum Aim Hreem Shreem…….

Aum Shree-maataa Shree-Mahaa Raajnee Shree-mat Simh-aasan-eshvari
Chit-agni Kunda Sambhoothaa Deva Kaarya Sam-udhyathaa 1

Udyad Bhaanu Sahasr-aabhaa Chathur Baahu Samanvitaa
Raaga-Svaroopa Paasha-aadhyaa Krodh-aakaara angusha-ujvalaa 2

Mano Roopa-eekshu Kodandaa Pancha-tanmaatra saayakaa
Nija-aruna Prabhaa-poora Majjad Brahmaanda Mandalaa 3

Physical appearance of Amma of head to toe symbolically represents the gross and subtler apsects of Cosmic Energy forms. Amma's place of Residence is Chinthamani (Jewel of thought) Graha in Srinagara city in the center of forest of kadamba (peak end point of multitudeness) surrounded by (lotus lake) Padmatavee. On the throne of Pancha brahmas sits Maha Tripura Sundari. The seeker brings into awareness that only through Amma's Energy he can undergo the process.

Champaka-ashoka Punnaaga sau-gandhika lasat kachaa
Kuru-vinda mani shrenee kanat-koteera manditaa 4

Ashtamee Chandra Vibhraaja Dalika Sthala Shobhitaa
Mukha Chandra kalank-aabha Mruga-naabhi Visheshakaa 5

Vadana Smara Maangalya Graha Torana Chillikaa
Vaktra Lakshmee Pareevaaha Chalan Meen-aabha Lochanaa 6

Nava Champaka Pushp-aabha Naasaa Danda Viraajitaa

Taaraa Kaanti Tiraskaari Naas-aabharana Bhaasuraa 7

Kadamba Manjaree Klrupta Karna-poora Manoharaa
Taatanka Yugalee Bhootha Tapan-udupa Mandalaa 8

Padma Raaga Shil-aadarsha Paribhaavi Kapola-bhoohu
Nava Vidruma Bimba Shree Nyakkaari Radhana Chhadaa 9

Shuddha Vidya-ankur-aakaara Dvija Pankti Dvay-ojjvalaa
Karpoora VeetiKa-amoda Samaa karshi Digantaraa 10

Nija Sallaapa Maadhurya Vinir bharsita Kacchapee
Manda-smitha Prabhaa Poora Majjat Kaamesha Maanasaa 11

Anaakalita Saa-drushya Chibuka Shree Viraa-jitaa
Kaamesha Baddha maangalya Sootra Shobita Kandharaa 12

Kanaka-angada Keyoora Kamaneeya Buja-anvitaa
Ratna Graiveya Chintaaka lola Muktaa Phala-anvitaa 13

Kaameshvara Prema Ratna Mani Prati Pana Stanee
Naabhy-alavaala Romaali Lataa Phala Kucha Dvayee 14

Lakshya Roma Lataa Dhaarataa Samun-neya Madhyamaa
Stana Bhaara Dalan Madhya Patta Bandha Valitrayaa 15

Aruna-aruna Kausumbha Vastra Bhaasvat Katee Tatee
Ratna Kinkinikaa Ramya Rashanaa Daama Bhooshithaa 16

Kaamesha Jnaata Sau-bhaagya Maardav orudvaya anvitaa
Maanikya Mukut aakara Jaanu dvaya Vira ajitaa 17

Indra Gopa Parik-shipta Smara Toon-aabha janghikaa
Goodha gulphaa koorma prushta jayishnu prapadaan vithaa 18

Nakha deedhiti Samchanna namajjana Tamogunaa
Pada Dvaya Prabhaa-Jaala Paraa-kruta Saro-ruhaa 19

Sinjaana Mani Manjeera Mandita Shree Pada-ambujaa
Maraalee Manda Gamanaa Mahaa Laavanya Shevadhihi 20

Sarva-arunaa navady-aangee Sarvaa bharana Bhooshitaa
Shiva kaameshvaraa ankasthaa Shivaa Svaadheena Vallabhaa 21

Sumeru Madhya Shringasthaa Shreeman Nagara Naayikaa
Chintaa mani griha antasthaa Pancha Brahm-aasana Sthitaa 22

Mahaa Padma-atavee Samsthaa Kadamba Vana Vaasinee
Sudhaa Saagara Madhyasthaa Kaama-akshee Kaama daayinee 23

AWARENESS: The seeker's attachment and resistance to evolve internally further to Unite with Shiva-Consciousness is symbolized Lalitha Amma's War with Bhandasura. The resistance is not to change the Energy forms and levels, but stagnate in one form or aspect of life.

Sampatkari- captain of the elephant regiment, Aswarooda - captain of the cavalry. The army by Dhandini -chariot -Giri Chakra assisted by Manthrini - Geya Chakra. Jwala malini protected the army by creating a fire ring around it. Lalitha maha Tripura Sundari rode in the center on the chariot of Chakra. Nithya destroyed Bandasura's armies, Bala killed the son of Bandasura, and Manthrini and Dhandini killed his brothers called Vishanga and Vishukra. When the asuras created a blockade for the marching army, Lalitha Tripura sundari created Ganesha with the help of Kameshwara to remove the blockade. Then Bandasura created the asuras called Hiranyaksha, Hiranya Kasipu and Ravana. She killed all his army using Pasupathastra and killed him with Kameshwarasthra.

Deva-rishi Gana Sanghaata Stooya maan aatma Vaibhavaa
Bhanda asura Vadhod-yukta Shakti Senaa Sam anvitaa 24

Sampatkaree, Sam aaroodha Sindhura Vraja Sevitaa
Ashv-aarooda adi-shtita ashva Koti Koti Bhir-aavrutaa 25

Chakra Raaja Rath aaroodha Sarv-aayudha Parishkrutaa
Geya Chakra Rath aaroodha Mantrinee Pari Sevitaa 26

Kiri Chakra Rath aaroodha Danda Naathaa Puraskrutaa
Jvaalaa Maalinik aakshipta Vahni Praakaara Madhyagaa 27

Bhanda Sainya Vadha odyukta Shakti Vikrama Harsithaa
Nithyaa Par-aakram aatopa Nireek shana Smut sukaa 28

Bhanda Putra Vadh ud-yukta Baalaa Vikrama Nanditaa
Mantriny-ambaa Vira-chita Vishanga Vadha Toshitaa 29

Vishukra Praana Harana Vaaraahee Veerya Nanditaa
Kaamesh-vara Mukh aaloka Kalpita Shree Ganeshvaraa 30

Mahaa-ganesha Nirbhinna Vighna-yantra Praharshitaa
Bhanda asurendra Nirmukta Shastra Praty-astra Varshinee 31

Kara-anguli Nakhot-panna Naaraayana Dash aakruthihi
Mahaa Paashu-pata-astraagni Nir-dagdha asura Sainikaa 32

Kaamesvara-astra Nir-dhagdha sa bhandaasura Shoonyakaa
Brahm-upendra Mahendra aadi Deva Samstuta Vaibhavaa 33

INTELLIGENCE: Secrets of Energy evolution (Kundalini). The war Energy dynamics is symbolized as the forms of Devi and strategry or technical knowledge is symbolized as Aayudha or weapons. The self-imposed restrains that need to be overcome are symbolized as junctions (Grandhi). The Aavarthana or repetitions of actions is like a Chakra-wheel, till the attachment is severed without any strings attached. The advancement of Energy is symbolized as Kundalini raising throug Chakra points.

Hara Netra-agni Sam dagdha Kaama Sanjeevana aushadhihi
Shreemad Vaagbhave Koota eka Svaroopa Mukha Pankajaa 34

Kanth-aadha Kati Paryanta Madhya Koota Svaroopinee
Shakti Koota eka Taapanna Kathyadho Bhaaga Dhaarinee 35

Moola Mantr-aatmikaa Moola Koota Traya Kalebaraa
Kula amrita eka Rasikaa Kula Samketa Paalinee 36

Kula-anganaa Kula antasthaa Kaulinee Kula-yoginee
Akulaa Samaya antasthaa Samay-aachaara Tat Paraa 37

Moola-adhaara eka Nilayaa Brahma Granthi Vibhedinee
Mani Poora antar uditaa Vishnu Granthi Vibhedhinee 38

Aajna Chakra antaraala asthaa Rudra Granthi Vibhedinee
Sahasraara ambhuj aarudhaa Sudhaa Saara-abhi Varshinee 39

Tadil lataa Sama-ruchi Shat Chakropari Samsthitaa
Mahaa Shakti Kundalinee Bisa Tantu Taneeyasee 40

Bhavaanee Bhaavanaa Gamyaa Bhav-aaranya Kuthaarikaa
Bhadra Priyaa Bhadra Moortir Bhakta Saubhaagya Daayini 41

Bhakti Priyaa Bhakti Gamyaa Bhakti Vashyaa Bhay-aapahaa
Shaambhavi Sharad aaraadhya Sharvaanee Sharma-daayinee 42

Shamkaree Shree Karee Saadhvee Shara Chandra Nibh-aananaa
Shaata-odaree Shaanti matee Nir-aadhaaraa Nir-anjanaa 43

Mind: Transformation in the Saadaka is free from impurities, imperfections or limations, with the prefix word "Ni, Nir, Nish etc"

Nir-lepaa Nir-malaa Nityaa Nir-aakaaraa Nir-aakulaa
Nir-gunaa Nish-kalaa Shaantaa Nish-kaamaa Nir-up-aplavaa 44

Nitya Muktaa Nir-vikaaraa Nish prapanchaa Nir-aashrayaa
Nitya Shuddhaa Nithya Buddhaa Nir-avadyaa Nir-antaraa 45

Nish-kaaranaa Nish-kalankaa Nir-upaadhir Nir-eeshvaraa
Nee-raagaa Raaga Mathanee Nir-madaa Mada-naashinee 46

Nish-chintaa Nir-ahankaaraa Nir-mohaa Moha-naashinee
Nir-mamaa Mamataa Hantree Nish-paapaa Paapa Naashinee 47

Nish-krodhaa Krodha Shamanee Nir-Lobhaa Lobha Naashinee
Ni-samshayaa Samshaya ghnee Nir-bhavaa Bhava Naashinee 48

Nir-vikalpaa Nir-aabaadhaa Nir-bhedaa Bheda Naashinee
Nir-naashaa Mrutyu Mathanee Nish-kriyaa Nish parigrahaa 49

Nis-tulaa Neela Chikuraa Nir-apaayaa Nir-atyayaa
Dur-labhaa Durgamaa Durgaa Duhkha Hantree Sukha-Pradaa 50

BODY: The seeker identifies the self nature is identical to the all encompassing Supreme Physical form of Amma, described with prefix "Sarva, Maha".

Dushta Dooraa Dur-aachaara Shamanee Doshaa Varjitaa
Sarvagjnaa Saandra Karunaa Samaana adhika Varjitaa 51

Sarva Shakti Mayee Sarva Mangalaa Sadgati Pradaa
Sarv-eshvaree Sarva Mayee Sarva Mantra Svaroopinee 52

Sarva Yantr-aatmikaa Sarva Tantra Roopaa Manon-manee
Maheshvaree Mahaa Devee Mahaa Lakshmee Mruda Priyaa 53

Mahaa roopaa Mahaa Poojyaa Mahaa Paataka Naashinee
Mahaa Maayaa Mahaa Sattvaa Mahaa Shaktir Mahaa Ratihi 54

Mahaa Bhogaa Mah-aishvaryaa Mahaa Veeryaa Mahaa Balaa
Mahaa Buddhir Mahaa Siddhir Mahaa Yogeshvar-eshvaree 55

Mahaa tantraa Mahaa mantraa Mahaa yantraa Mah-aasanaa
Mahaa Yaaga Kram-aaraadhyaa Mahaa Bhairava Poojithaa 56

Maheshvara Mahaa kalpa Mahaa Taandava Saakshinee
Mahaa Kaamesha Mahishee Mahaa Tripura Sundaree 57

Chatu-shashty-upachaar aadhyaa Chatu Shashti Kalaamayee
Mahaa Chathu shashti Koti Yoginee Gana Sevitaa 58

Manu Vidyaa Chandra Vidyaa Chandra Mandala Madhyagaa
Chaaru Roopaa Chaaru Haasaa Chaaru Chandra Kalaa-dharaa 59

Charaachara Jagan-naathaa Chakra Raaja Niketanaa
Paarvatee Padma Nayanaa Padma Raaga Sama prabhaa 60

Pancha Pret-aasana-aseenaa Pancha Brahma Svaroopinee
Chinmayee Param-aanandaa Vijnaana Ghana Roopinee 61

Dhyaana Dhyaathri Dhyeya Roopaa Dharma adharma Vivarjitaa
Viswa Roopaa Jaagarinee Swapanthee Thaijas aathmikaa 62

MahaMaaya Level:

Body: Subtle Energy Body of Amma as Vishnu Maaya and the play is the dynamics of this Universe which is created, maintained and finally dissolved. She herself is Govinda the feminine Energy assuming the Purusha aspect, Gopaala Sundari.

Suptaa Praajn-aatmikaa Turyaa Sarvaa vasthaa Vivarjitaa
Srishti Kartree Brahma Roopaa Goptree Govinda Roopinee 63

Sam-haarinee Rudra Roopaa Tiro-dhaanakari eeshvaree
Sadaa shiva anu-grahadaa Pancha Kritya Paraayanaa 64

Bhaanu Mandala Madhyasthaa Bhairavee Bhaga Maalinee
Padma-asanaa Bhagavatee Padma-naabha Sahodaree 65

Unmesha Nimishot panna Vipanna Bhuvan-aavalee
Sahasra Sheersha Vadanaa Sahar-aakshi Sahasra Paat 66

Aabrahma Keeta Jananee Varn-aashrama Vidhaayinee
Nijaajnaa Roopa Nigamaa Punya apunya Phala Pradaa 67

Shruti Seemanta Sindooree Kruta Paad-aabja Dhoolikaa
Sakal-aagama Sandoha Shukti Samputa Mauktikaa 68

Purusha artha Pradaa Poorna Bhoginee Bhuvaneshvaree

Ambika Anaadi Nir-anandi Hari Brahmendra Sevitaa 69

Naaraayanee Naada Roopaa Naama Roopa Vivarjitaa
Hreemkaaree, Hreematee Hrudyaa Heyopaadeya Varjitaa 70

Raaja Raaja archita Raajnee Ramyaa Raajeeva Lochanaa
Ranjanee Ramanee Rasyaa Ranat Kinkini Mekhalaa 71

Ramaa Raakendu Vadanaa Rati Roopaa Rati Priyaa
Rakshaa Karee Raakshasa ghnee Raamaa Ramana Lampataa 72

Kaamyaa Kaama kalaa Roopaa Kadamba Kusuma Priyaa
Kalyaanee Jagatee Kandaa Karunaa Rasa Saagaraa 73

Kalaavatee Kalaa-laapaa Kaantaa Kaadambaree Priyaa
Varadaa Vaama Nayanaa Vaarunee Mada Vihvalaa 74

Vishva-adhikaa Veda Vedyaa Vindhya achala Nivaasinee
Vidhaatree Veda Jananee Vishnu Maayaa Vilaasinee 75

Kshetra Svaroopaa Kshetreshee Kshetra Kshetrajna Paalinee
Kshaya Vriddhi vinir-muktaa Kshetra Paala Samarchitaa 76

Vijayaa Vimalaa Vandyaa Vandaaru Jana Vatsalaa
Vaag Vaadinee Vaama Keshee Vahni Mandala Vaasinee 77

Bhaktimat kalpa Latikaa Pashu Paasha Vimochinee
Samhruta ashesha Paashandaa Sad aachaara Pravartikaa 78

Taapa-traya-agni Santapta Sam-aahlaadana Chandrikaa
Tarunee Taapas aaraadhyaa Tanu Madhyaa Tamo-apahaa 79

Chitih tatpada Lakshya aarthaa Chid eka Rasa roopinee
Svaatm-aananda Lavee Bhoota Brahmaadya ananda Santatihi 80

Paraa Pratyak Chitee Roopaa Pashyantee Para Devataa
Madhyamaa Vaikharee Roopaa Bhakta Maanasa Hamsikaa 81

Kaameshvara Praana Naadee Krutajna Kaama Poojitaa
Shrungaara Rasa Sampoornaa Jayaa Jaalandhara Sthitaa 82

Odyaana Peeta Nilayaa Bindu Mandala Vaasinee
Raho yaaga Kram-aaraadhyaa Rahas Tarpana Tarpitaa 83

Mind: Amma breaks the polarities of Energy, that which creates imbalance of Energy in the universe, in which the seeker is caught-up. Vyaktha-Avvyaktha, vidya-avidya, drista-adrishta, bhava-abhaava, varga-avarga, para-apara, Moorthy-amurthy, dheera,-adheera, dharma-adharma, punya apundya, anadhi ni-anadhi,dakshina adakshina, savya-apasvya, svarga-apavarga, kshara-akshara, sath-asath, dviad-advaita, kula-akula, bandha-mochine, bandu-aalaka, etc. Thus the seeker gains Awareness-Energy or self-wintenessing quality, which is also finally destroyed by AMMA.

Sadyah Prasaadinee Vishva Saakshinee Saakshi Varjitaa
Shad-anga Devataa Yuktaa Shad gunya Pari-pooritaa 84

Nitya Klinnaa Nir-upamaa Nir-vaana Sukha Daayinee
Nityaa Shoda shikaa Roopaa Shree Kanthardha Shareerinee 85

Prabhaa vatee Prabhaa Roopaa Prasiddhaa Parameshvaree
Moola Prakritir avyaktaa Vyaktaa Avyakta Svaroopinee 86

Vyaapinee Vividh-aakaaraa Vidyaa avidyaa Svaroopinee
Mahaa Kaamesha Nayana Kumuda aahlaada Kaumudee 87

Bhakta Haarda Tamo Bheda Bhaanu Mat Bhaanu Santatihi
Shiva dootee Shiv- aaraadhyaa Shiva Moorti Shivam-Karee 88

Shiva Priyaa Shiva paraa Shishteshtaa Shishta Poojitaa
Aprameyaa Sva-prakaasha Mano Vaachaam agocharaa 89

Chith shaktih Chetanaa Roopaa Jada Shaktir Jadaatmikaa
Gaayatree Vyaahruti Sandhyaa Dvija Brinda Nishevitaa 90

Tatv-aasanaa Tatvam ayee Pancha Koshaantara Sthitaa
Ni-seema Mahimaa Nitya Yauvanaa Mada Shaalinee 91

Mada Ghoornita Rakt-aakshee Mada Paatala Ganda-bhoohu
Chandana Drava Digdha-angee Chaampeya Kusuma Priyaa 92

Kushalaa Komal aakaaraa Kuru kula akul-eshvaree
Kula Kund-aalayaa Kaula Maarga Tat Para Sevitaa 93

Kumaara Gana Naatha-ambaa Tushti Pushtir matir Dhrithihi
Shaanti Svasti-matee Kaanti Nandinee Vighna Naashinee 94

Tejovatee Tri-nayanaa Lolaakshee Kaama-roopinee
Maalinee Hamsinee Maataa Malayaachala Vaasinee 95

Sumukhee Nalinee Subhroo Shobhanaa Sura Naayikaa
Kaala Kanthee Kaanti Matee Kshobhinee Sookshma Roopinee 96

Vajr-eshwaree Vaama devee Vayo vasthaa Viv-arjitaa
Siddh-eshvaree Siddha Vidyaa Siddha Maataa Yashasvinee 97

With the help of AMMA's Energy, when the seeker overcomes the polarities of ida-pingala, the seeker takes path of Sushmna, through which the Secrets of Subtle Chakras becomee self-evident.

Vishuddhi chakra Nilaya Aarakta varnaa Trilochanaa
Khatvaanga-aadi Praharana Vadanaika Samanvitaa 98

Paayasa-anna Priyaa Tvaksthaa Pashu Loka Bhayang Karee,
Amrut-aadi Mahaa Shakti Samvrutaa Daakine-eshwaree 99

Anaahat-aabja Nilayaa Shyaam-aabha Vadana-dvayaa
Damshtra-ujvala aksha-maala-adi dharaa Rudhira Samsthitaa100

Kaalaraatry aadi Shakty anugha Vrutaa Sniggdau Dana Priyaa
Mahaa Veerendra Varadaa Raakiny ambaa Svaroopinee 101

Mani Poora aabja Nilayaa Vadana Traya Samyutaa
Vajr-aadik-aayudh upetaa Daamari aadi bhir aavrutaa 102

Rakta Varnaa Maamsa Nishthaa Guda-anna Preeta Maanasaa
Samasta Bhakta Sukhadaa Laakini-ambaa Svaroopinee 103

Svaadhishtaana ambuja gataa Chatur Vaktra Manoharaa
Shoola aadhi aayudha Sampannaa Peeta Varna Ati Garvitaa 104

Medho Nishtaa Madhu Preeta Bandhini aadi Samanvitaa
Dadhi anna aasakta hrudayaa Kaakinee Roopa Dhaarinee 105

Mool-aadhaara ambuja aarooda Pancha Vakthra asthi Samsthitaa
Ankusha aadi Praharanaa Varada aadi Nishevitaa 106

Mudga odhana aasakta Chittaa Saakiny ambaa Svaroopinee
Aajnaa Chakra abja Nilayaa Shukla Varnaa Shad aananaa 107

Majjaa Samsthaa Hamsa vatee Mukhya Shakti Sam-anvitaa
Haridra anna aika rasikaa Haakinee Roopa Dharinee 108

Sahasra Dala Padhmasthaa Sarva Varnopa Shobitaa
Sarvaayudha Dharaa Shukla Samsthitaa Sarvato mukhee 109

Sarvau Dana Preeta Chittaa Yaakiny ambaa Svaroopinee
Svaahaa Svadhaa Matir Medhaa Shruti Smritir Anuttamaa 110

Punya Keerti Punya Labhyaa Punya Shravana Keertanaa
Pulomaja architaa Bandha Mochanee Bandhur-aalakaa 111

The imbalances of Energy occurs at the physical, emotional, intellectual levelsand known as diseases, poverty, ignorance, limitations, repetitions of life-death cycles, when the enegy is struck at one aspect or level only. When the Chakras are self evident, then the imbalances of Energy dynamics (diseases) get balanced.

Vimarsha Roopinee Vidyaa Viyad aadi Jagat Prasoohu
Sarva Vyaadhi Prashamanee Sarva Mrityu Nivaarinee 112

Agraganyaa Achintya Roopaa KaliKalmasha Naashinee
Kaatyaayanee Kaala Hantree Kamalaaksha Nishevitaa 113

Taamboola Poorita Mukhee Daadimee Kusuma Prabhaa
Mrugaakshee Mohinee Mukhyaa Mrudaanee Mitra Roopinee 114

Nitya Truptaa Bhakta Nidhir Niyantree Nikhileshvaree
Maitryaadi Vaasanaa Labhyaa Mahaa Pralaya Saakshinee 115

Paraa Shakti Paraa Nishthaa Prajnaana Ghana Roopinee
Maadhvee Paana alasaa Matta Maatrukaa Varna Roopinee 116

Mahaa kailaasa nilayaa Mrunaala Mrudu Dorlataa
Mahaneeyaa Dayaa Moortir Mahaa Saamraajya Shaalinee 117

Aatma Vidyaa Mahaa Vidyaa Shree vidyaa Kaama Sevitaa
Shree Shodasha aksharee Vidyaa Trikootaa Kaama Kotikaa 118

Kataaksha KimKaree Bhoota Kamalaa Koti Sevitaa
Shira sthitaa Chandra Nibhaa baalastha indra Dhanu Prabhaa 119

Hridayasthaa Ravi Prakhyaa Trikona antara deepikaa
Daakshayanee Daitya Hantree Daksha Yajna Vinaashinee 120

Dara aandolita Deergh-aakshee Dara haasa ujjvalan mukhee
Guru Moortir Guna Nidhir Gomaataa Guhajanma Bhoohu 121

Deveshee Danda Neetisthaa Dahar aakaasha Roopinee
Pratipath mukhya Raakaanta Tithi Mandala Poojitaa 122

Kala aatmikaa Kalaa Naathaa Kaavya alaapa Vimodinee
Sa chaamara Ramaa Vaanee Savya Dakshina Sevitaa 123

Aadi shaktir ameya Atmaa Paramaa Paavana aakrutihi
Aneka Koti Brahmaanda Jananee Divya Vigrahaa 124

Kleem Kaaree Kevalaa Guhyaa Kaivalya Pada Daayinee
Tripuraa Trijagad Vandyaa Trimoortir tri Dasha eshvaree 125

Tryaksharee Divya Gandha aadhyaa Sindoora TilaKa anchitaa
Umaa Shailendra Tanayaa Gauree Gandharva Sevitaa 126

Vishva Garbhaa Svarna Garbha Varadaa Vaag aadi eeshvaree
Dhyaana gamya aparicchedyaa Jnaanadaa Jnaana Vigrahaa 127

Sarva Vedaanta Samvedyaa Satyaananda Svaroopinee
Lopamudra architaa Leelaa Klrupta Brahmaanda Mandalaa 128

Adrushyaa Drushya Rahitaa Vijnaatree Vedya Varjitaa
Yoginee Yogadaa Yoga aanandaa Yugandharaa 129

Intelligence: In this state the seeker becomes aware of the Energy pattern of reality, which exists as real in different levels.

Icchaa Shakti Jnaana Shakti Kriyaa Shakti Svaroopinee
Sarv-aadhaaraa Supra tishthaa Sath asath roopa Dhaarinee 130

Ashta Moortir ajaa Jetree Loka Yaatraa Vidhaayinee
Ekaakinee Bhooma Roopaa Nir-dvaitaa Dvaita Varjitaa 131

Anna-daa Vasu Vruddhaa Brahma aatma aikya Svaroopinee
Bruhatee Brahmaanee Brahmee Brahm-aanandaa Bali Priyaa 132

Bhaashaa Roopaa Bruhat Senaa Bhaava abhaava Vivarjitaa
Suk-aaraadhyaa Shubha-Karee,Shobhanaa Sulabha aagathihi 133

Raaja Raajeshvaree Raajya Daayinee Raajya Vallabhaa
Raajat Krupaa Raaja Peetha Niveshita Nij-aashritaa 134

Raajya Lakshmee Kosha Naathaa Chaturanga Baleshvaree
Saamraajya Daayinee Satya Sandhaa Saagara Mekhalaa 135

Deekshitaa Daitya Shamanee Sarva Loka Vashang Karee,
Sarvaartha Daatree Saavitree Sacchid-aananda Roopinee 136

Desha Kaala apari chinnaa Sarvagaa Sarva Mohinee
Sarasvatee Shaastra Mayee Guhaambaa Guhya Roopinee 137

Sarva upaadhi Vinir muktaa Sadaa Shiva Pati Vrataa
Sampradaay-eshvaree Sadhvee Guru Mandala Roopinee 138

Kula utteernaa Bhaga-aaraadhyaa Maayaa Madhu matee Mahee
Gana-ambaa Guhya aaraadhyaa Komalaangee Guru Priyaa 139

Svatantraa Sarva Tantreshee Dakshinaa Moorti Roopinee
Sanaka aadi Sama-aaraadhyaa Shiva Jnaana Pradaayinee 140

Chit Kala-aananda Kalikaa Prema Roopaa PriyamKaree,
Naama Paaraayana Preetaa Nandi Vidyaa Nata eshvaree 141

Mithyaa Jagad adhishthaanaa Muktidaa Mukti Roopinee
Laasya Priyaa Laya Karee, Lajjaa Rambha aadi Vanditaa 142

Bhavadaava sudhaa Vrushti Paap aaranya Davaanalaa
Daurbhaagya Toola vaatoolaa Jara adhva antara Viprabhaa 143

Bhaagya-aabdhi Chandrikaa Bhakta Chitta Keki Ghanaaghanaa
Roga Parvata Damboli Mrutyu Daaru Kuthaarikaa 144

Amma destroys the final polarity of Ego (symbolised as Asuras, thoughts and actions-Chanda and Munda).

Maheshvaree Mahaa Kalee Mahaa Graasaa Mahaashanaa
Aparnaa Chandikaa Chandamunda asura Nishoodinee 145

Kshara akshara aatmikaa Sarva Lokeshee Vishva Dhaarinee
Trivarga Daatree Subhagaa Tryambakaa Triguna aatmikaa 146

Svarga apavarga daa Shuddhaa Japaa pushpa Nibha aakrutihi
Ojovatee Dyuthi dharaa Yajna Roopaa Priya vrataa 147

Dur aaraadhyaa Dur aadharshaa Paatalee Kusuma Priyaa
Mahatee Meru Nilayaa Mandaara Kusuma Priyaa 148

Veer aaraadhyaa Viraad Roopaa Virajaa Vishvato mukhee
Pratyag Roopaa Para aakaashaa Praanadaa Praana Roopinee 149

Maartanda Bhairava aaraadhyaa Mantrinee Nyasta Raajyadhoohu
Tripureshee Jayatsenaa Nis-trai-gunyaa Para aparaa 150

Satya Jnaana aananda Roopaa Saama rasya Paraayanaa
Kapardinee Kalaa maalaa Kaama dhuk Kaama Roopinee 151

Kalaa Nidhi Kaavya kalaa Rasajnaa Rasa Shevadhihi
Pushtaa Puraatanaa Poojyaa Pushkara Pushkara ekshana 152

Param jyothi Param-dhaama Param-anu Paraatparaa

Paasha Hastaa Paasha Hantree Para Mantra Vibhedinee 153

Moorta Amoorta Nitya Truptaa Muni Maanasa Hamsikaa
Satya Vrataa Satya Roopaa Sarva antar yaaminee Satee 154

Brahmaani Brahma Jananee Bahu Roopaa Budha architaa
Pra-savitree Pra-chandaajnaa Pra-tishthaa Pra-kata aakruthihi 155

Praaneshvaree Praana Daatree Panchaa Shat Peetha Roopinee
Vi-shrunkhala Vi-vikta sthaa Veera Maataa Viyat Prasoohu 156

Awareness: She (Energy) is Vishnu helping us to attain Moksha or Moha-Shaya- death of desires to maintain the physical existence or Viswha. Hence forth, the seeker loses the final traces of identification to individuality.

Mukundaa Mukti Nilayaa Moola Vigraha Roopinee
Baava-jnaa Bhava rogaghnee Bhava Chakra Pravartinee 157

Chanda saaraa Shaastra saaraa Mantra saaraa Tala udaree
Udaara Keerti Uddaama Vaibhavaa Varna Roopinee 158

Janma Mrutyu Jaraa Tapta Jana Vishraanti Daayinee
Sarva Upanishad udgushtaa Shaanty ateeta Kala aatmikaa 159

Gambheeraa Gagana antasthaa Garvitaa Gaana lolupaa
Kalpana Rahitaa Kaashtha aKaantaa Kaanta-ardha Vigrahaa 160

Kaarya Kaarana Nirmuktaa Kaama Keli Taramgitaa
Kaanat Kanaka Taatankaa Leelaa Vigraha Dhaarinee 161

Ajaa Kshaya Vinir muktaa Mugdhaa Kshipra Prasaadinee

Antar Mukha Sama aaraadhyaa Bahir mukha Sudur labhaa 162

Trayee Trivarga Nilayaa Tristhaa Tripura Maalinee
Nir-aamayaa Nir-aalambaa Svaatmaa Raamaa Sudhaa Shrutihi 163

Samsaara Panka Nir-magna Sam ud dharana Panditaa
Yajna Priyaa Yajna Kartree Yajamaana Svaroopinee 164

Dharma aadhaaraa Dhana adhya-akshaa Dhana dhaanya Vi-vardhinee
Vipra Priyaa Vipra Roopaa Vishva Bhramana Kaarinee 165

Vishva Graasaa Vidruma aabhaa Vaishnavee Vishnu Roopinee
Ayoni Yoni Nilaya Kootasthaa Kula Roopinee 166

Veera Goshtee Priyaa Veeraa Naish Karmyaa Naada Roopinee
Vijnaana Kalanaa Kalyaa Vi-dagdhaa Bainda vaasanaa 167

Tattva-adhikaa Tattva Mayee Tattva Martha Svaroopinee
Saama Gaana Priyaa Somyaa Sadaa Shiva Kutumbinee 168

Savya apasavya Maargasthaa Sarva apad vi-nivarinee
Svasthaa Svabhaava Madhuraa Dhiraa Dheera Sam-architaa 169

Chaitanya-arghya Sam-aaraadhyaa Chaitanya Kusuma Priyaa
Sada uditaa sada-Tushtaa Taruna-aaditya Paatalaa 170

Dakshinaa adakshina aaraadhyaa Dara smera Mukha ambujaa
Kaulinee Kevala anarghya Kaivalya Pada Daayinee 171

Stotra Priyaa Stuti Matee Shruti Samstuta Vaibhavaa
Manasvinee Maana-vatee Maheshee Mangala aakrithihi 172

Vishva Maataa Jagad Dhaatree Vishaala akshee Vi-raaginee
Pra-galbha Parama udaara Para aamodaa Mano mayee 173

Vyoma Keshee Vimaana-sthaa Vajrinee Vaamaka eshwaree
Pancha-yajna Priyaa Pancha Preta Mancha aadhi Shaayinee 174

Panchamee Pancha Bhoota eshee Pancha Sankhya upa-chaarinee
Shaashvatee Shaashvata aishvaryaa Sharmadaa Shambhu Mohinee 175

Dharaa Dhara sutaa Dhanyaa Dharminee Dharma Vardhinee
Loka ateeta Guna ateeta Sarva ateetaa Shama aatmikaa 176

Bhandhooka Kusuma Pra-khyaa Baalaa Leelaa Vinodinee
Sumangalee Sukha Karee, Suvesha aadyaa Suva-asinee 177

Suvaasiny-archana Preeta aashobhanaa Shuddha Maanasaa
Bindu Tarpana San-tushtaa Poorva-jaa Tripuraambikaa 178

Consciousness: She showing us the pattern of five plus plus ten, shrinks the pattern into three, then to two and finally the One. One has to finally overcome the Energy realm ultimately.

Dasha Mudraa Sam-aaraadhyaa Tripuraa Shree VashamKaree
Jnaana Mudraa Jnaana Gamyaa Jnaana-jneya
Sva-roopinee 179

Yoni mudraa Tri-khanda-eshee Trigunaambaa Trikonagaa
An-agha adbuta Chaaritraa Vaanchit-aartha Pra-daayinee 180

Abhyaasa ati-shaya jnayataa Shad-adhva ateeta Roopinee
Avyaaja Karunaa Moortir ajnaana Dhvaanta Deepikaa 181

Aabaala Gopa Viditaa Sarva an-ullanghya Shaasanaa
Shree Chakra Raaja Nilayaa Shree Mat Tripura Sundaree 182

Shree Shivaa Shiva Shaktyaikya Roopinee Lalitaambikaa
Shree Shivaa Shiva Shaktyaikya Roopinee Lalitaambikaa
Shree Shivaa Shiva Shaktyaikya Roopinee Lalitaambikaa

Evam Shree lalitaa Devyaa Naamnaam Saahasrakam Jaguhu
Iti Shree Brahmaanda-Puraane Uttara-Khande
Shree Hayagreevaagastya-Samvaade
Shree-Lalitaasahasra-Naama-Stotra Kathanam Sampoornam.

2.4 DASHA MAHAA VIDHYA - Moola Mantras and Gaayatree Mantras of All 10 Energy

1. Mahakaali-Knolwedge of attaining the state of Consciousness
2. Taara- Knolwedge of Consciousness and Energy Manifestation
3. Tripura Sundari – Knowledge of Shiva, Vishnu and Devi-Sakthi
4. Bhuvaneshwari-Knowledge of creation of the Universe
5. Bhairavi- Knowledge of Time and Space in creation
6. Chinnamastha- Knowledge of Self Sacrifice
7. Dhoomavati- Knowledge of converting material to Spiritual Energy
8. Bagalamukhi- Technical knowledge of expressing/utilizing Spiritual knowledge
9. Maatangi- Technical knowledge of expressing/utilizing material knowledge
10. Kamalathmika- Technical knowledge of ulilizing material form of Energy

Permission:
It is very important to get permission from your Guru to do the Dasa Maha Vidya. So few seconds you meditate on your Guru asking permission before you proceed further. Each Devi form is the Knowledge form of Energy, which we desire in life.

2.4.1 Mahaa Kaali- Knolwedge of attaining the state of Consciousness

Aum Satgurubhyo Namaha, Aum Hari Shree Ganapataye Namaha

Moola Mantram:



Aum Kreem Kreem Kreem, Hoom Hoom Hreem, Hreem Dakshine Kaalike, Kreem Kreem Kreem, Hoom Hoom Hreem, Hreem Hreem Svaahaa

॥ ह्राम्ँ ह्रिं ह्रिं ह्रूँ ह्रूँ क्रिं क्रिं क्रिं कंकालीक णिक्लीह्रं ह्रिं ह्रिं ह्रूँ ह्रूँ क्रिं क्रिं क्रिं ॐ



Kodungalloor AMMA

Gaayatree-
Aum Mahaa Kaalyai cha Vidmahe,
Shmashaana Vaasinyai Cha Dheemahi
Tanno Kaalee Prachodayaat

ॐ महाकाल्यै च विद्महे श्मशानवासिन्यै च धीमहि ।
तन्नो काली प्रचोदयात् ॥

2.4.2. Taaraa Devee- Knolwedge of Consciousness and Energy Manifestation

Aum Satgurubhyo Namaha, Aum Hari Shree Ganapataye Namaha
Moola Mantram:
Aum Hreem Streem Hoom Phat

ॐ ह्रीम् स्त्रीम् हूम् फट्

Gaayatree
Aum Taaraayai vidmahe, Maho Grahaayai cha Dheemahi,
tanno Devee prachodayaat.

ॐ तारायै विद्महे
मनो ग्रहायै धीमहि
थण्नो देवि प्रछोदयाठ्



Tara–Sarswathi–Ottakoothanur

2.4.3. Tripura Sundari Devi- Knowledge of Shiva, Vishnu and Devi-Sakthi

Aum Satgurubhyo Namaha, Aum Hari Shree Ganapataye Namaha
Moola Mantram:
Ka E ee La Hreem, Ha Sa Ka Ha La Hreem, Sa Ka La Hreem

कएईलह्रीं हसकहलह्रीं सकलह्रीं

Gaayatree
Aum Aim Tripura Devyai vidmahe, kleem Kameshvaryai cha
dheemahi, Sau tanna klinna prachodayaat.

क्लीं त्रिपुरादेवि विद्महे कामेश्वरि धीमहि। तन्नः क्लिन्ने प्रचोदयात्॥



Kamatchi–Tripura–Lalitha

2.4.4. Bhuvaneshvari Devi- Knowledge of creation of the Universe

Aum Satgurubhyo Namaha, Aum Hari Shree Ganapataye Namaha
Moola Mantram:
Aum Shreem Hreem Shreem

Gaayatree :
Aum Naaraayanyai Vidmahe,
Bhuvaneshvarai Dheemahi,
tanno Devee prachodayaat

ॐ नारायण्यै विद्महे
भुवनेश्वर्यै धीमहि
थण्नो देवि प्रछोदयाठ्



Bhuvaneswari–Puthukottai

2.4.5. Tripura Bhairavi- Knowledge of Time and Space in creation



Tripura Bhairavi
Kasi Visalkaski

Aum Satgurubhyo Namaha, Aum Hari Shree Ganapataye Namaha
Moola Mantram:
Aum Histraim Hisklreem Histraum

ह्स्त्रैं ह्स्क्लीं ह्स्त्रौंः॥

Gaayatree:
Aum Tripuraayai Vidmahe, Mahaa Bhairavyai Dhee Mahi, tanno Devee prachodayaat

ॐ त्रिपुरायै विद्महे महाभैरव्यै धीमहि तन्नो देवी प्रचोदयात्॥

2.4.6. Chhinna Masthaa Devi- Knowledge of Self Sacrifice



Chinnamastha–Karumari Tiruverkadu

Aum Satgurubhyo Namaha, Aum Haree Shree Ganapataye Namaha
Moola Mantra:
Aum Sreem Hreem Sreem Kleem Jam
Vajra Vai Rosa Nee Ye Hreem Hreem phat Svaahaa:

Gaayatree:
Aum Vairochanyai Vidmahe, Chhinnamastaayai Dhee Mahi, tanno Devee Prachodayaat

ॐ वैरोचन्ये विद्महे छिन्नमस्तायै धीमहि तन्नो देवी प्रचोदयात्॥

2.4.7. Dhoomaavathi Devi- Knowledge of converting material to spiritual Energy



Dhoomavathi–Pongalur Renukadevi

Aum Satgurubhyo Namaha, Aum Hari Shree Ganapataye Namaha
Moola Mantram:
Aum Dhoom Dhoom Dhoom Dhoomaavatee Svaahaa

ॐ धूं धूं धूं धूमावती स्वाहा॥

Gaayatree:
Aum Dhoomaavatyai Vidmahe, Samhaarinyai Dheemahi, tanno Dhoomaa Prachodayaat

ॐ धूमावत्यै विद्महे संहारिण्यै धीमहि तन्नो धूमा प्रचोदयात्॥

2.4.8. Bagalaamukhee Devi- Technical knowledge of expressing/utilizing Spiritual knowledge



Bhagalamukhi–Moogambikai

Aum Satgurubhyo Namaha, Aum Hari Shree Ganapataye Namaha

Moola Mantram:

Aum Hleem Bagalaamukhi, Sarva Dushtaanaam
Vaacham Mukham Padam, Stambhaya Jihvaam
Kee Laya Buddhim, Vinaashaya Hreem
Aum Svaahaa:

ॐ ह्लीं बगलामुखि सर्वदुष्टानां वाचं मुखं पदं स्तम्भय जिह्वां कीलय बुद्धिं विनाशय ह्लीं ॐ स्वाहा

Gaayatree:

Aum Hleem Bagalaa mukhee vidmahe, Dushtastambhanee dheemahi, tanno devee prachodayaat.

ह्लीं बगलामुखी विद्महे दुष्टस्तंभनी धीमहि तन्नो देवी प्रचोदयात्॥

Bhramaasthra Roopinee Devee Maathaa Sribagalaa Mukee
Chith Shakthir Jnaana Roopaa Cha Bhrmaanandha Pradhaayinee

2.4.9. Maathangi Devi- Technical knowledge of expressing/utilizing material knowledge

Aum Satgurubhyo Namaha, Aum Hari Shree Ganapataye Namaha

Moola Mantra:

Aum Aim Hreem Sreem Aim Kleem Sau

Gaayatree:

Aum Shukra Priyaayai Vidmahe, Shree Kaameshvaryai Dheemahi tanna Shyaamaa Prachodayaat



Mathangi–Meenkashi

ॐ शुक्रप्रियायै विद्महे श्रीकामेश्वर्यै धीमहि तन्नः श्यामा प्रचोदयात्॥

2.4.10. Kamalaatmikaa Devi- Technique of ulilizing material form of Energy

AUM Sath Gurubyo Namaha, AUM Hari Shree Ganapathiyae Namaha

Moola Mantram:

Aum Shreem Hreem Shreem Kamale Kamalaalayai Praseeda
Praseeda Shreem Hreem Shreem Aum Mahalaksmyai Namaha:

Gaayatree:

Mahaa Devyai Vidmahe Vishnu Patni Cha Dheemahi tanno Lakshmee Prachodayaat



Kamalambika
Ranganayaki AMMA

2.5 DURGA ASHTOTHARA SHATA NAAMAAVALEE

Objective: Inability to change (laziness) causes suffering. Therefore this is chanted to invoke Durga Sakthi to give security or protection to undergo changes. Feel that every thought is like a flower petal offered to Durga-Shakti AMMA.

Aum Satgurubhyo Namaha
Aum Hari Shree Ganapataye Namaha
Aum Kathyayanaaya Vidmahe
Kanya Kumaari Cha Dheemahi
Tanno Durgaaya Prachodayaat

with awareness, i understand/invoke (vidhmahe) that kathyayana who is daughter of kathyayan, is imbibed/meditated (dheemahe) as kanyakumari by my mind so that it is always (thanno) inspired (prachodayath) by intelligence, in the form of durga.

1. AUM shree-yai namaha
2. AUM umaa-yai namaha
3. AUM bhaarat-yai namaha
4. AUM bhadraa-yai namaha
5. AUM sarvaan-yai namaha
6. AUM vijayaa-yai namaha
7. AUM jayaa-yai namaha
8. AUM vaan-yai namaha
9. AUM sarva-gataa-yai namaha
10. AUM gauri-yai namaha
11. AUM vaarah-yai namaha
12. AUM kamala-priya-yai namaha
13. AUM saraswath-yai namaha
14. AUM kamalaa-yai namaha
15. AUM maaya-yai namaha
16. AUM maatang-yai namaha
17. AUM aparaa-yai namaha
18. AUM ajaa-yai namaha
19. AUM shaanka-bhaar-yai namaha
20. AUM shiva-yai namaha
21. AUM chanda-yai namaha
22. AUM kundal-yai namaha
23. AUM vaishnav-yai namaha
24. AUM kriya-yai namaha
25. AUM shree-yai namaha
26. AUM aindra-yai namaha
27. AUM madhumat-yai namaha
28. AUM girija-yai namaha
29. AUM subhaga-yai namaha
30. AUM ambika-yai namaha
31. AUM taara-yai namaha
32. AUM padmaavat-yai namaha
33. AUM hamsa-yai namaha
34. AUM padma-naabha-sahodar-yai namaha
35. AUM aparna-yai namaha
36. AUM lalita-yai namaha
37. AUM dhaatri-yai namaha
38. AUM kumaar-yai namaha
39. AUM shikha-vaahin-yai namaha
40. AUM shaambhav-yai namaha
41. AUM sumukh-yai namaha
42. AUM maitri-yai namaha
43. AUM tri-netra-yai namaha
44. AUM vishva-roopin-yai namaha
45. AUM aarya-yai namaha
46. AUM mridan-yai namaha
47. AUM heenkar-yai namaha
48. AUM krodhin-yai namaha
49. AUM sudinaa-yai namaha

50. AUM achala-yai namaha
51. AUM sookshma-yai namaha
52. AUM paraat-para-yai namaha
53. AUM shobha-yai namaha
54. AUM sarva-varna-yai namaha
55. AUM hara-priya-yai namaha
56. AUM mahaa-lakshmi-yai namaha
57. AUM maha-siddha-yai namaha
58. AUM svadhaa-yai namaha
59. AUM svahaa-yai namaha
60. AUM manon-mani-yai namaha
61. AUM triloka-paalin-yai namaha
62. AUM udh-bhoota-yai namaha
63. AUM tri-sandhya-yai namaha
64. AUM tri-purantak-yai namaha
65. AUM tri-shakt-yai namaha
66. AUM tri-padaa-yai namaha
67. AUM durga-yai namaha
68. AUM braahm-yai namaha
69. AUM trai-lokya-vaasin-yai namaha
70. AUM pushkaraa-yai namaha
71. AUM atri-sutha-yai namaha
72. AUM gooda-yai namaha
73. AUM tri-varna-yai namaha
74. AUM tri-svara-yai namaha
75. AUM tri-guna-yai namaha
76. AUM nir-guna-yai namaha
77. AUM satya-yai namaha
78. AUM nirvi-kalpa-yai namaha
79. AUM niran-jan-yai namaha
80. AUM jvaalin-yai namaha
81. AUM maalin-yai namaha
82. AUM charchaa-yai namaha
83. AUM kravya-dosha-nibar-hin-yai namaha
84. AUM kaamaaksh-yai namaha
85. AUM kaamin-yai namaha
86. AUM kaantaa-yai namaha
87. AUM kaamadaa-yai namaha
88. AUM kala-hansin-yai namaha
89. AUM salajja-yai namaha
90. AUM kulaja-yai namaha
91. AUM pragy-yai namaha
92. AUM prabhaa-yai namaha
93. AUM madana-sundar-yai namaha
94. AUM vaageeshvar-yai namaha
95. AUM visaa-laaksh-yai namaha
96. AUM sumangal-yai namaha
97. AUM kaal-yai namaha
98. AUM maaheshvar-yai namaha
99. AUM chand-yai namaha
100. AUM bhairav-yai namaha
101. AUM bhuvaneshvar-yai namaha
102. AUM nityaa-yai namaha
103. AUM sananda-vibhava-yai namaha
104. AUM satya-gnyana-yai namaha
105. AUM tamopahaa-yai namaha
106. AUM maheshvara-priyankar-yai namaha
107. AUM maha-tripura-sundar-yai namaha
108. AUM durga-parameshvar-yai namaha

Ithi Durga Ashtotara Shatanaamaavalee Sampoornam

2.6 DURGA SAPTHASHLOKI

Objective: This is chanted to Energize the Atma Shakti (Devi) in us to overcome the energy draining qualities (Asuras) that prevent from achieving success in life.

Shiva Uvaacha
Devi Tvam, Bhakta Sulabhe, Sarva Kaarya Vidhaayinee
Kalau Hi, Kaarya Sidhyartham, upaayam Broohi Yatnataha
(Devi, you are easily approachable and fulfill all their requirements, therefore please speak about the means to accomplish their desires)

Devi Uvaacha
Shrunu Deva Pravakshyaami, Kalau Sarveshta Saadhanam,
Mayaa Tavaiva Snehenaapyam, Ambaa Stuti Prakaash-yathe
(Lord, Hear as I speak about the ways of achieving all desires by virtue of love for you. I will expose the glory of mother Amba)

Aum Asya Shree Durgaa Sapta Shlokee, Stotra Mahaa Mantrasya
Naaraayanna Rishihi, Anushttup bhaadeeni Chhanda Amsi
Shree Mahaakaalee Mahaalakshmee, Mahaasarasvatyo Devataaha
Shree Jagad Ambaa, Preeti Artha Patte Viniyogaha
(Presenting the seven mantras praising Durga)

Jnyaani-naam Api Cheta Amsi, Devi Bhagavatee Hi Saa sloka 55 and 56
Balaad Aakrshya Mohaaya, Mahaa Maayaa Praya icchati 1
(Maaya forecibly (Energetically) captivates all the beings that even the wise and intellectuals get deceived. May the Devi as Maha Maya then free from this delusion).

Durge Smritaa Harasi, Bheetim Ashesha Jantoha
Svasthaih Smritaa Matim, Ateeva Shubhaam Dadaasi
Daaridraya Duhkha Bhaya Haarinni, Kaa Tvad Anyaa
Sarvo Upakaara Kaarannaaya, Sadaa Aardra Cittaa 2(sloka 234)

(When remembered with love (only you unconditionally), you do away with fears , when focused on you, reveal yourself and clear wisdom, you are compassionate to remove the ever ending cycles of poverty of energy)

Sarva Manggala Maanggalye Shive Sarvaartha Saadhike
Sharannye Tryambake Gauri Naaraayanni Namo stute 3 (sloka 585)
(You are the complete and perfect dynamic pure Auspicious Energy of all Energies of all times,

functioning at three levels of creation, preservation and transformation, who fulfills all desires of life to those surrender their Ego)

Sharannaagata Deenaarta Paritraana Paraayanne
Sarvasyaartthi Hare Devi Naaraayani Namo stute 4(sloka 587)
You are the only one adept and fully focused in addressing distress and rescue the destitutes.

Sarva Svaroope Sarvsehe Sarva Shakti Samanvite
Bhayebhyas Traahi No Devi Durge Devi Namo stute 5 (sloka 599)
You are the one in all forms, and in form of Durga you balance of the all the manifestations, remove my fears in me.

Rogaanasheshaan aphansi tushtaa
Rushtaa tu kaamaan sakalaanabheeshtaan
Tvaam aashritaanaam na vipannaraanaam
Tvaamaashritaa hyashrayataam prayaanti 6 (sloka 604)

When pleased you remove distress and diseases, but with ego we ask you don't grant boons, and those who surrender their lives to you, you give them no accidents (all types) and they will be the people under whom destitues will seek refuge.

Sarvaa baadhaa Prashamanam,
Trai Lokyasya Akhila eeshvari
Evam Eva Tvayaa Kaaryam
Asmad Vairi Vinaashanam 7 (sloka 614)

Shankha Chakra Dhanur Baanam
Dhaara Yantheem Trilo-chanam
Door-vaadala nibham Vandae,
Durgaam Durgathi nashi-neem
O the Goddess of Universe, for removing all distress and hurdles, you should kill all the inner enemies in me

Ithi Durga Saptha Sloki Sampoornam

AUM Sarvam Khalvidam Evaham Nanya Dashti Sanathanam
AUM Sarvam Khalvidam Evaham Nanya Dashti Sanathanam
AUM Sarvam Khalvidam Evaham Nanya Dashti Sanathanam
All that is, I Am, Eternal

2.7 SHREE NAARAAYANEE STHUTHI

Objective: This is chanted to acknowledge the reality that AMMA, the single Energy is that manifest as all forms in this Cosmos.
Aum Satgurubhyo Namaha, Aum Haree Shree Ganapataye Namaha

Devi Prapannaarti Hare Praseeda
Praseeda Maatar Jagato Akhilasya
Praseeda Vishveeshvari Paahi Vishvam
Tvam Eeshvaree Devi Charaa Charasya 1

Aadhaara Bhootaa Jagatas Tvam Ekaa
Mahee Svaroopenna Yatah Sthitaasi
Apaam Svaroopa Sthitayaa Tvayaita
Daapyaayate Krtsnam Alanghya Veerye 2

Tvam Vaishnavee Shaktir Ananta Veeryaa
Vishvasya Beejam Paramaasi Maayaa
Sammohitam Devi Samastam Etat
Tvam Vai Prasannaa Bhuvi Mukti-Hetuhu 3

Vidyaa Samastaas Tava Devi Bhedaah
Striyaa Samastaa Sakalaa Jagatsu
Tvayaikayaa Pooritam Ambayaitat
Kaa Te Stuti Stavya Paraa paroktihi 4

Sarva Bhootaa Yadaa Devee svarga Mukti Pradaayinee
Tvam Stutaa Stute Kaa Vaa Bhavantu Paramoktayaha 5

Sarvasya Buddhi Roopenna Janasya Hrdi Sansthite
Svargaapavargade Devi Naaraayani Namo stute 6

Kalaa Kaashthaadi Roopena Parinaama Pradaayinee
Vishvasyoparatau Shaktyai Naaraayani Namo stute 7

Sarva Manggala Maanggalye Shive Sarvaartha Saadhike
Sharannye Tryambake Gauri Naaraayanni Namo stute 8

Srishti Sthiti Vinaashaanam Shakti Bhoote Sanaatani
Gunaashraye Gunamaye Naaraayani Namo stute 9

Sharannaagata Deenaarta Paritraana Paraayanne
Sarvasyaartthi Hare Devi Naaraayani Namo stute 10

Hansa Yukta Vimaanasthe Brahmaannee Roopa Dhaarinni
Kaushaambha Ksharike Devi Naaraayani Namo stute 11

Trishoola Chandraahidhare Mahaa Vrshabha Vaahini
Maaheshvaree Svaroopenna Naaraayani Namo stute12

Mayoora Kukkutta Vrte Mahaa Shakti Dhare naghe
Kaumaaree Roopa Sansthaane Naaraayani Namo stute 13

Shangkha Chakra Gadaa Shaarngga Grheeta Paramaa Yudhe
Praseeda Vaishnavee Roope Naaraayani Namo stute 14

Grheetogra Mahaa Chakre Danshtro dhrata Vasundhare
Varaaha Roopini Shive Naaraayani Namo stute 15

Nrsinha Roopeno grena Hantum Daityaan Krtodyame
Trailokya Traanna Sahite Naaraayani Namo stute 16

Kireetini Mahaa Vajre Sahasra Nayanojjvale
Vrtra Praanna Hare Chaindri Naaraayani Namo stute 17

Shivadootee Svaroopena Hata Daitya Mahaa Bale
Ghora Roope Mahaa Raave Naaraayani Namo stute 18

Danshtraa Karaala Vadane Shiro Maalaa Vibhooshane
Chaamunde Munda Mathane Naaraayani Namo stute 19

Lakshmee Lajje Mahaa Vidye Shradhe Pushti Svadhe Dhruve
Mahaa Raatri Mahaa vidye Naaraayani Namo stute 20

Medhe Sarasvati Vare Bhooti Baabhravi Taamasi

Niyate Tvam Praseedeshe Naaraayani Namo stute 21

Sarva Svaroope Sarveshe Sarva Shakti Samanvite
Bhayebhyas Traahi No Devi Durge Devi Namo stute 22

Etat te Vadanam Saumyam Lochana Traya Bhooshitam
Paatu Nah Sarva Bheetibhya Kaatyaayani Namo stute 23

Jvaalaa Karaala matyugram Asheshaasura Soodanam
Trishoolam Paatu No Bheeter Bhadrakaali Namo stute 24

Hinasti daityatejaansi svanenaa pooryayaa jagat
Saa ghantaa paatu no devi paapebhyo na sutaaniva 25

Asuraa srunga vasaa panka charchitaste karojvalaha
Shubhaaya khadgo bhavatu chandige tvaam nataa vayam 26

Rogaanasheshaan aphansi tushtaa
Rushtaa tu kaamaan sakalaanabheeshtaan
Tvaam aashritaanaam na vipannaraanaam
Tvaamaashritaa hyashrayataam prayaanti

2.8 DURGAA STHUTHI

Objective: This is chanted to feel gratitude to AMMA, the single Energy that manifests in many forms in us.
Aum Satgurubhyo Namaha, Aum Haree Shree Ganapataye Namaha

Namo devyai mahaadevyai shivaayai satatam namaha
Nama prkrtyai bhadraayai niyataa pranataa smataam

Raudraayai namo nityaayai gauryai dhaatryai namo namaha
jyotsnaayai chendu roopinyai sukhaayai satatam namaha

Kalyaanyai pranatam vrddhyai siddhyai kurmo namo namaha
Nairtrrtyai bhoobhrtaam lakshmyai sharvaanyai te namo namaha

Durgaayai durga paaraayai saaraayai sarvakaarinyai
khyaatyai tathaiva krshnaayai dhuumraayai satatam namaha

Atisaumyaati raudraayai namastasyai namo namaha
Namo jagat pratish-thaayai devyai krtyai namo namaha

Yaa Devee Sarva Bhooteshu Vishnu Maayeti Shabditaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Chetanetyabhi Dheeyate
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Buddhi Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Nidraa Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Kshudhaa Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Chaayaa Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Shakti Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Thrishnaa Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Deve Sarva Bhooteshu Kshaanti Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Jaati Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Lajjaa Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Shaanti Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Shraddhaa Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Kaanti Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Lakshmee Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Vritti Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Smriti Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Dayaa Roopena Sansthita
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Tushti Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Maatr Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Yaa Devee Sarva Bhooteshu Bhraanti Roopena Sansthitaa
Namastasyai Namastasyai Namastasyai Namo Namaha

Indriyaanaamadhishthaatree Bhootaanaam Chaakhileshu Yaa
Bhooteshu Satatam Tasyai Vyaapti devyai Namo Namaha

Chitti Roopena Yaa Kritsnam etad vyaapya Sthitaa Jagat
Namastasyai Namastasyai Namastasyai Namo Namaha

2.9 SHREE NAVDURGA STHOTHRAM

Objective: This is chanted to energize the different qualities of Energy within us to successfully accomplish tasks.
Aum Satgurubhyo Namaha, Aum Haree Shree Ganapataye Namaha

Prathama Sailaputricha
Dvithiya Brahmacarini
Trithiya Chandra Gandethi
Kushmanda Caturthiki
Panchamam Skanda Mateti
Shashta Katyayaneyacha
Saptamam Kala-Ratricha
Ashtama Mahguriti
Navamam Sarvasiddhicha
Navadurga Prakirtita

Sarva Mangala Mangalyei
Shive Sarvatha Sadikei
Sharanyei Tryambakei Gauri
Narayanai Namostute

Devi Shailaputri
Vandhe Vanchathalaabhaya, Chandrardha Krutha Shekaraam,
Vrushaa Roodaam Soola Dharaam Shaila Puthri Yasaswini.

Devi Brahmacharini
Dadhaanaa Kara Padmabhayaam Aksha Maalam Kamandalu,
Devi Praseedhathu Mayi, Brahchayryam Authama

Devi Chandra Ghanta
Pindaja Pravara Aarooda Chanda Kopasthra Kair Yutha,
Prasadam Thanu They Mahyam, Chandre Ghantethi Visruthaa,

Devi Khooshmanda
Suraa Sampoorna Kalasam Rudhirplutha Meva Cha, Dadhaana Hastha
Padmabhyam Khooshmanda Shubadasthu May

Devi Skanda Matha
Simhasana Gatha Nithyam, Padmasritha Kara Dwaya,
Shubadasthu Sadaa Devi Skandamatha Yasaswini.

Devi Kathyayini
Chandra Hasojjwala Karaa, Sardhula Vara Vahana,
Kathyayini Shubham Dadhya Devi Dhanava Ghathini.

Devi Kala Rathri
Yeka Veni Japa Karnapuraa, Nagnaa Khara Sthitha,
Lambhoshti Karnika Karni, Thailabhyaktha Sareerini,
Vama Pado Llasad Allohalathatha Kanda Bhooshanaa,
Vardhana Murdha Dwajaa Krishna Kalarathrir Bhayangari.

Devi Mahagauri
Swethe Vrushe Samarooda, Swethambaradhara Suchi,
Maha Gauri Shubham Dadhyath Maha Deva Pramodhadhaa.

Devi Sidhi Dhatri
Sidha Gandharwa Yakshaa Vaira Asurai Amarar Api,
Sevyamaanaa Sadaa Bhooyath Sdhidhaa Sidhi Dhayini

2.10 MAHISHAASURA MARDINI STHOTHRAM

Objective: This is chanted to bring into our awareness all the forms of Ego that suck or deplete our valuable Luck/Prosperity Energy that we have obtained through many sacrificial actions. We invoke AMMA to kill Mahishasura, the symbolic representation of Ego. This is the essence of Devi Mahatmyam in singing form.

Recognize that the narration was done by Medha Rishi to Suratha & Samadhi, the king & businessmen. Suratha represents the body (the chariot that carries the pure Aatma, the soul) attacked by enemies (Disease) and kicked out of the country.

Samadhi represent the peaceful mind (business with others) who was kicked out of family. Both ask Medha (Intelligence), the cause for their suffering, who explains about the Energy pattern of the Universe, Devi Mahatmya (AMMA) and the asuras she kills.

Asuras are the symbolic of the blocks one encounters in every stage of the journey to the primordial unmanifest state. Our resistance (Tamas form of Ego) to evolve internally is symbolized as Mahisasura.

Effective plan to overcome the enemy is to create division in him and weaken him part by part. Amma also divides her funcationality into three Durga, Lakshmi and Saraswathy and weakens the Asura. Finally in a holistic way she combines and kills the asura victoriously. We cannot fight our Ego in one step and that is not randomly divided, but with a pattern.

The Ego attachment functions in five stages of three levels (physical attachments, emotional attachments, intellectual attachments). These are the six-Malaas of Kama, Krodha, Moha, Lobha, Madha and Maatsarya, which one should get rid off (internal purification). These six Malas are represented by the 10 asuras that Amma kills.

Madhu is honey (likes),constant seeking appreciation and attension from others because of lack of inner security and does not listen to others and interpret what others says in a wrong way.

Kaitabha is bitter, (dislikes), the inability to take criticism and is angry upon the critics.

The Madhu Kaitaba brothers means, "I am very perfect, no one can teach me, advice me, for me every thing is ok''.

Mahisasura - The sum total of all Ego features. Resistant to change or evolve, stubborn, not wanting to complete, but be repetetive, like buffalo in filthy waters. This symbolized as buffalo.

Desires keep changing new forms or ego keeps changing and hiding and appearing,

Dumralochan - dhum is smoke, lochan is eyes or vision, that which prevent the vision of the future or the effects of our action. He always find fault with other's action and would not take any self responsibility to do anything unless forced to do.

Shumba - that which is struck and cannot move forward.

Nishumba - that which is not stable and always fleeting forward.

Shumba Nisumba brothers are self-boasting about their possessions, powers and always look down upon others and not want to appreciate others, having no gratitude and want to grab all others values and efforts.

Chanda - The aspect of thinking of actions (scheming) without any ultimate objective (only head no tail).

Munda -The aspect of spending our efforts without intelligently thinking about the consequences of actions (has no head- only tail)

Sugreeva - One who gives a false smile at people with inner hatred, he also gives indirect enthusiasm to do evil wicked egoistic actions.

Mookasura - silently inner scheming of ego-actions, without speaking it out.

Raktabeeja - creating more seeds of thoughts creating more actions. For one mistake, doing more mistakes. The seed (Bheej) of one action energizes (Raktha-Red) further actions. This is symbolically is depicted as asura Raktha Bheej.

Every day before you chant take a Sankalpa, that with Amma's help you should be able to overcome the negative tendency (Asura) for a prosperous life. Continue this awareness throughout your life.

While singing "Jaya Jaya", Amma brings victory in us.

Ayi Giri Nandini Nandita Medini, Vishva Vinodini Nandi Nute
Giri Vara Vindhya Shirodhi Nivaasini, Vishnu Vilaasini Jishnu Nute
Bhagavati He Shiti Kantha Kutumbini, Bhoori Kutumbini Bhoori Krte
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 1

Suravara Varshini Durdhara Dharshini. Durmukha Marshini Harsha Rate
Tribhuvana Poshini Shangkara Toshini, Kilbisha Moshini Ghosha Rate
Danuja Niroshini Diti Suta Roshini, Durmada Shoshini Sindhu Sute
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 2

Ayi Jagad Amba Mad Amba Kadamba, Vana Priyavaasini Haasa Rate
Shikhari Shiro Mani Tunga Himalaya, Shringa Nijaa laya Madhya Gate
Madhu Madhure Madhu Kaitabha, Gan jini Kaitabha Bhan jini Raasa Rate
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 3

Ayi Shata Khanda Vikhandita Runda, Vitundita Shunda Gajaa dhipate
Ripu Gaja Ganda Vidaarana Chanda, Paraakrama Shunda Mrgaa dhipate
Nija Bhuja Danda Nipaatita Khanda, Vipaatita Munda Bhataa dhipate
Jaya Jaya He Mahishaasura Mardini Ramya Kapardini Shaila Sute 4

Ayi Rana Durmada Shatru Vadhodita Durdhara Nirjara Shakti Bhrte
Chatura Vichaara Dhureena Mahaashiva, Doota Krta Pramathaa-dhipate
Durita Dureeha Duraashaya Durmati, Daanava Doota Krtaanta Mate
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 5

Ayi Sharanaagata Vairi Vadhuvara, Veeravaraa bhaya Daaya Kare
Tribhuvana Mastaka Shula Virodhi, Shiro dhikrtaa-mala Shula Kare
Dumi Dumi Taamara Dhundubhi, Naadam Aho Mukhareekrta Dingma Kare
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 6

Ayi Nija Hungkrti Maatra Niraakrta, Dhoomravilochana Dhoomra Shate
Samara Vishoshita Shonita Beeja, Samudbhava Shonita Beeja Late
Shiva Shiva Shumbha Nishumbha, Mahaahava Tarpita Bhoota Pishaacha Rate
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 7

Dhanur Anushanga Rana Kshana Sanga, Paris-phurad Anga Natat Katake
Kanaka Pishanga Prishatka Nishanga Rasad, Bhata Shringa Hataa Batuke

Krta Chaturanga Bala Kshiti Ranga Ghatad, Bahu Ranga Ratad Batuke
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 8

Sura Lalanaa Tatatheyi Tatheyi Krta Abhinayodara Nrtya Rate
Krta Kukutha Kukutho Gaddadaadika Taala Kutoohala Gaana Rate
Dhudhukuta Dhukkuta Dhimdhimita Dhvani Dheera Mrdamga Ninaada Rate
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 9

Jaya Jaya Japya Jaye Jaya Shabda Para, Stuti Tat Para Vishva Nute
Jhana Jhana Jhin jhimi Jhingkrta Noopura, Shin jita Mohita Bhoota Pate
Natita Nataardha Natee Nata Naayaka Naatita, Naatya Su Gaana Rate
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 10

Ayi Sumana Sumana Sumana Sumana, Sumanohara Kaanti Yute
Shrita Rajanee Rajanee Rajanee Rajanee, Rajanee Kara Vaktra Vrte
Sunayana Vi Bhramara Bhramara Bhramara, Bhramara Bhramaraa-dhipate
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 11

Sahita Mahaahava Mallama Tallika Malli, Tarallaka Malla Rate
Virachita Vallika Pallika Mallika, Jhillika Bhillika Varga Vrte
Shita Krita Phulla Samullasitaa-runa, Tallaja Pallava Sal-lalite
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 12

Avirala Ganda Galan Mada Medura Matta, Matangaja Raaja Pate
Tri-Bhuvana Bhooshana Bhoota Kalaanidhi, Roopa Payo Nidhi Raaja Sute
Ayi Suda-tee Jana Laalasa Maanasa Mohana, Manmatha Raaja Sute
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 13

Kamala Dalaa-mala Komala Kaanti Kalaa, Kalitaa-mala Bhaalalate
Sakala Vilaasa Kalaa Nilaya, Krama Keli, Chalat Kala Hamsa Kule
Alikula Sangkula Kuvalaya Mandala, Mauli Milad Bakula-ali Kule
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 14

Kara Muralee Rava Veejita Koojita Lajjita, Kokila Man ju Mate
Milita Pulinda Manohara Gunjita Ran jita, Shaila Nikun ja Gate
Nija Gana Bhoota Mahaa Shabaree Gana Sad Guna, Sambhrta Keli Tale
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 15

Katitata Peeta Dukoola Vichitra Mayukha, Tiraskrta Chandra Ruche
Pranata Suraasura Mauli Mani Sphura, damshula Sannakha Chandra Ruche
Jita Kanakaa-chala Mauli Mado-rjita, Nirbhara Kun jara Kumbha Kuche
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 16

Vijita Sahasra Karaika Sahasra Karaika Sahasra, Karaika Nute
Krta Sura Taaraka Sangara Taaraka, Sangara Taaraka Soonu Sute
Suratha Samaadhi Samaana Samaadhi Samaadhi, Samaadhi Sujaata Rate
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 17

Pada Kamalam Karunaa Nilaye, Varivasyati Yo-nudinam Su Shive
Ayi Kamale Kamalaa Nilaye Kamalaa, Nilaya Sa Katham Na Bhavet
Tava Padam Eva Param Padam-Ity-Anusheelayato Mama Kim Na Shive
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 18

Kanaka Lasat Kala Sindhu Jalair Anushin, chati Te Guna Ranga Bhuvam
Bhajati Sa Kim Na Shachee Kucha Kumbha Tatee, Parirambha Sukhaa-nubhavam
Tava Charanam Sharanam Kara Vaani Nata-amara Vaani Nivaasi Shivam
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 19

Tava Vimalendu Kulam Vadanendu, Malam Sakalam Nanu Koola Yate
Kimu Puruhoota Puree-Indu Mukhee Sumukheebhir Asau Vimukhee Kriyate
Mama Tu Matam Shiva Naama Dhane Bhavatee,Krpayaa Kimuta Kriyate
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 20

Ayi Mayi Deena Dayaalu Tayaa Krpayaiva, Tvayaa Bhavitavyam Ume
Ayi Jagato Jananee Kripayaasi Yathaasi, Tathaanu-mita-asira Te
Yad-Uchitam-atra Bhavat-yuraree Kurutaa Duru, Taapam-apaa-kurute
Jaya Jaya He Mahishaasura Mardini, Ramya Kapardini Shaila Sute 21

(After this maintian silence to meditate a few seconds, on that one wish (sankalpa) that you want to happen soon in your life by using the Energy you generated in the Navarathri Pooja. Do this by bringing into your awareness and chant AUM Namah Shivaya till the Aarathi is ready and keep that thought till Aarathi is finished.)

htp://www.greenmesg.org/mantras_slokas/devi_durga-mahishasura_mardini_stotra.php

2.11 MAHISHAASURA MARDINI ASHTOTHRAM (108 names)

Objective: This is chanted to energize to overcome ego. Feel that every thought is like a flower petal offered to Sakthi AMMA.

Aum Satgurubhyo Namaha, Aum Haree Shree Ganapataye Namaha

Gaayathree:
Aum Mahisha-mardinyai Vidmahe
Durga-devyai Cha Dheemahi
Tanno Devee Prachodayaat

With Awareness, I understand/invoke (Vidhmahe) that goddess of slaying ego, is imbibed/meditated (Dheemahe) as Durga Devi by my mind so that it is always (Thanno) inspired (Prachodayath) by intelligence, in the form of Devi.

AUM Mahat-yai namah
AUM Chetanaa-yai namah
AUM Maaya-yai namah
AUM Mahagouri-yai namah
AUM Maheshvari-yai namah
AUM Maho-dara-yai namah
AUM Mahabudhi-yai namah
AUM Maha-kaali-yai namah
AUM Maha-balaa-yai namah
AUM Maha-sudha-yai namah
AUM Maha-nidra-yai namah
AUM Maha-mudra-yai namah
AUM Maho-daya-yai namah
AUM Maha-lakshmi-yai namah
AUM Maha-bhogya-yai namah
AUM Maha-mohaa-yai namah
AUM Maha-jaya-yai namah
AUM Maha-tushta-yai namah
AUM Maha-lajja-yai namah
AUM Maha-dhrithi-yai namah
AUM Maha-ghoraa-yai namah
AUM Maha-damshtra-yai namah
AUM Maha-kaanthi-yai namah
AUM Maha-smruthi-yai namah
AUM Maha-padma-yai namah
AUM Maha-medha-yai namah
AUM Maha-bodhaya namah
AUM Maha-tapase namah
AUM Maha-sama-sthaana-yai namah
AUM Maha-rava-yai namah
AUM Maha-roshaa-yai namah
AUM Maha-Aayudha-yai namah
AUM Maha-bandhana-samhaar-yai namah
AUM Maha-bhaya-vinashin-yai namah
AUM Maha-netra-yai namah
AUM Maha-vaktra-yai namah
AUM Maha-vakshase namah
AUM Maha-bhuja-yai namah
AUM Maha-mahi-ruha-yai namah
AUM Maha-Poorna-yai namah
AUM Maha-chaaya-yai namah
AUM Maha-naaga-yai namah
AUM Maha-shaanti-yai namah
AUM Maha-shvasaa-yai namah

AUM Maha-parvata-nandin-yai namah
AUM Maha-brahma-mai-yai namah
AUM Maatre namah
AUM Maha-suras-yai namah
AUM Mahat-yai namah
AUM Paarvat-yai namah
AUM Charchita-yai namah
AUM Shiva-yai namah
AUM Maha-kshaant-yai namah
AUM Maha-braanth--yai namah
AUM Maha-mantra-yai namah
AUM Maha-mahim--yai namah
AUM Maha-kula-yai namah
AUM Maha-lola-yai namah
AUM Maha-maaya-yai namah
AUM Maha-phala-yai namah
AUM Maha-neela-yai namah
AUM Maha-sheela-yai namah
AUM Maha-balaa-yai namah
AUM Maha-kalaa-yai namah
AUM Maha-chitra-yai namah
AUM Maha-setave namah
AUM Maha-hetave namah
AUM Yasas-vin-yai namah
AUM Maha-vidya-yai namah
AUM Maha-saadhya-yai namah
AUM Maha-satya-yai namah
AUM Maha-gat-yai namah
AUM Maha-sukhin-yai namah
AUM Maha-dusvapna-nashin-yai namah
AUM Maha-moksha-prada-yai namah
AUM Maha-paksha-yai namah
AUM Maha-yasas-vin-yai namah
AUM Maha-bhadra-yai namah
AUM Maha-vaani-yai namah
AUM Maha-roga-vinashin-yai namah
AUM Maha-dhaara-yai namah
AUM Maha-karaa-yai namah
AUM Maha-maari-yai namah
AUM Khechar-yai namah
AUM Maha-kshemang-kar-yai namah
AUM Maha-kshamaa-yai namah
AUM Maheshvara-pradaa-yin-yai namah
AUM Maha-vishood-yai namah
AUM Visha-daa-yai namah
AUM Maha-dukka-vinashin-yai namah
AUM Maha-varsha-yai namah
AUM Maha-tatva-yai namah
AUM Maha-kailasa-vaasin-yai namah
AUM Maha-subhadraa-yai namah
AUM Subhagaa-yai namah
AUM Maha-vidya-yai namah
AUM Maha-sath-yai namah
AUM Maha-priyan-gar-yai namah
AUM Maha-nitya-yai namah
AUM Maha-pralaya-kaarin-yai namah
AUM Maha-shakti-yai namah
AUM Maha-madh-yai namah
AUM Maha-mangala-kaarin-yai namah
AUM Maha-dev-yai namah

Ithi Shree Mahishaasuramardini Astottara Shatanaamavali Sampoornam

2.12 SAUNDARYA LAHARI

Shivah Shakthya Yukto Yadi Bhavati Shaktah Prabhavitum
Na Ched-evam Devo Na Khalu Kusalah Spanditum-api;
Atas Tvam Aaradhyam Hari-Hara-Virinchaadi-bhir Api
Pranantum Stotum Vaa Katham Akrta-Punyah Prabhavati

Lord Shiva, only becomes able.
To do creation in this world along with Shakthi
Without her, Even an inch he cannot move,
And so how can, one who does not do good deeds,
Or one who does not sing your praise,
Become adequate to worship you
Oh , goddess mine, Who is worshipped by the trinity.

Gopala Sundari Mantra

AUM Gopaala Sundari,
kadachi-lallite-shaani pumruupaa
krishna vigrahaya Namaha

AUM Kleem Vidya Raajagopala Moorthaye Namaha

2.13 RAJA RAJESHVARI ASHTAKAM

Objective: This is chanted to overcome Ego that we are the doer of all actions. Feel that every thought is like a flower petal offered to Rajeswari AMMA.

Ambha sambhavi chandramouli rabhala aparna uma paarvathee
Kaali haimavathi shiva thrinayanaa kaathyayani bhairavi
Savithri navayowvana subhaghari saam rajya lakshmi pradha
Chitrubhi paradevatha bhagavathi sri rajarajeshwari ||1||

Ambha mohini devathaa thribhuvanani aanandha sandhayini
Vaani pallava bhaani venu murali Ghana priya lolinee
Kalyanee uduraaja bhimbha vadana dhoom ratcha sam harinee
Chit rubhi para devatha bhagavathi sri rajarajeshwari ||2||

Ambha noopura rathna kankanadhari keyoora haaraavali
Jaadhi shambhagha vyjayanthi laharee kryveyagai raajithaa
Veena venu vinodha manditha karaa veeraasaney samsthithaa
Chitrubhi paradevatha bhagavathi sri rajarajeshwari ||3||

Ambha routhrini bhadrakaali pagalaa jwaalaamukhi vaishnavi
Brahmaani thripuraandhaki suranudhaa dedeepya manojwala
Chaamundaachridha ratcha bhosha janani daatchayani vallavi
Chitrubhi paradevatha bhagavathi sri rajarajeshwari ||4||

Ambha kula dhanuhu kasaangusadhari arthendhu bhimbhaadari
Varaahi madhu kaidhabha prasamani vaani ramaa sevithaa
Mallaathyaasuraha mughadaithya mdani maaheshwari shambhiga
Chitrubhi paradevatha bhagavathi sri rajarajeshwari ||5||

Ambha srishti vinaasa paalanakari aarya visam sobhithaa
Gaayathri pranvaatcharaamrudharasa pooranaanu sandhi kridha
Omkaari vinadhasudaarchidapadaa uththanda daithyabhahaa
Chitrubhi paradevatha bhagavathi sri rajarajeshwari ||6||

Ambha saasvadha aagamaadi vinudhaa aarya mahadevathaa
Ya brahmaadi bibeelikaan janadadhi yaavai jagan mohini
Ya panjapranavaadhi repaajanani ya chithkala maalini
Chitrubhi paradevatha bhagavathi sri rajarajeshwari ||7||

Ambha paalitha bhaktha raaja danisam ambaastagam yaha padeth
Ambha lolaa kadatcha veetcha lalithanjaiswarya mavyahadam
Ambha pavana manthra raaja padana thandesa motcha pradha
Chitrubhi paradevatha bhagavathi sri rajarajeshwari ||8||

2.14 ANNAPOORNA STHOTHRAM

composed by Sri Adi Shankaracharya

Objective: This is chanted to attain the quality of giving and experience the motherliness in us. It is only through giving, we receive prosperity Energy from Annapoorani AMMA.

Nitya ananda Karee, Vara Abhaya Karee, Saundarya Ratna aKaree
Nirdhoota Akhila Ghora Paavana Karee, Pratyaksha Maaheshvaree
Praaleya Achala Vamsha Paavana Karee, Kaashee Pura Adheeshvaree
Bhikshaam Dehi Krpa Avalambana Karee, Maata Annapoorneeeshwaree 1

Naanaa Ratna Vicitra Bhooshanna Karee, Hema Ambara addambaree
Muktaa Haara Vilambamaana Vilasad Vakssoja Kumbha Antaree
Kaashmeera Agaru Vaasita Angga Rucire, Kaashee Pura Adheeshvaree
Bhikshaam Dehi Krpa Avalambana Karee, Maata Annapoorne eeshwaree 2

Yoga ananda Karee, Ripu Kshaya Karee, Dharma Artha Nisstthaa Karee
Chandra Arka Anala Bhaasamaana Laharee, Trailokya Rakshaa Karee
Sarva ishvarya Samasta Vaan chita Karee, Kaashee Pura Adheeshvaree
Bhikshaam Dehi Krpa Avalambana Karee, Maata Annapoorne eeshwaree3

Kailaasa Acala Kandara alaya Karee, Gauree Umaa ShangKaree,
Kaumaaree Nigama Artha Gochara Karee, Ongkaara Beeja Aksharee
Moksha Dvaara Kapaatta Paattana Karee, Kaashee Pura Adheeshvaree
Bhikshaam Dehi Krpa Avalambana Karee, Maata Annapoorne eeshvaree 4

Drshya Adrshya Vibhooti Vaahana Karee, Brahmaanndda Bhaandau daree
Leelaa Naattaka Sootra Bhedana Karee, Vignyaana Deepa Angkuree
Shree Vishvesha Manah Prasaadana Karee, Kaashee Pura Adheeshvaree
Bhikshaam Dehi Krpa Avalambana Karee, Maata Annapoorne eeshwaree5

Urvee Sarva Jane eeshwaree Bhagavatee, Maata Annapoorneshvaree
Vennee Neela Samaana Kunta Laharee, Nitya Anna Daane eeshwaree
Sarva A ananda Karee, Sadaa Shubha Karee, Kaashee Pura Adheeshvaree
Bhikshaam Dehi Krpa Avalambana Karee, Maata Annapoorne eeshwaree6

Aadiksha Anta Samasta Varnnana Karee, Shambhos Tri Bhaava A aKaree,
Kaashmeeraa Tri Jale eeshwaree Tri Laharee, Nitya Angkuraa Sharvaree
Kaama A akaangksha Karee, Janau daya Karee, Kaashee Pura Adheeshvaree
Bhikshaam Dehi Krpa Avalambana Karee, Maata Annapoorne eeshwaree 7

Devee Sarva Vicitra Ratna Rachitaa, Daakshaayannee Sundaree
Vaamam Svaadu Payo Dhara Priya Karee, Saubhaagya Maahae Eeshvaree
Bhakta Abheesstta Karee, Sadaa Shubha Karee, Kaashee Pura Adheeshvaree
Bhikshaam Dehi Kripa Avalambana Karee, Maata Annapoorne eeshwaree 8

Chandra Arka Anala Kotti Kotti Sadrishaa, Chandra Amshu Bimba Adharee
Chandra Arka Agni Samaana Kuntala Dharee, Chandra Arka Varnne eeshwaree
Maalaa Pustaka Paashaasa Angkusha Dharee, Kaashee Pura Adheeshvaree
Bhikshaam Dehi Kripa Avalambana Karee, Maata Annapoorne eeshwaree9

Kshatra Traanna Karee, Mahaa A bhaya Karee, Maataa Kripaa Saagaree
Saakshaan Moksha Karee, Sadaa Shiva Karee, Vishveshvara Shree Dharee
Dakshaa Kranda Karee, Niraamaya Karee, Kaashee Pura Adheeshvaree
Bhikshaam Dehi Krpa Avalambana Karee, Maata Annapoorne eeshwaree 10

Annapoorne Sadaa Poornne Shankara Praanna Vallabhe
Jnyaana Vairaagya Siddhy Artham Bhikshaam Dehi Cha Paarvati 11

Maataa Paarvatee Devee, Pitaa Devo Maheshvarah
Baandhavaah Shiva Bhaktaash Cha, Svadesho Bhuvana Trayam 12

3.0 LAKSHMEE

Objective: This is chanted to energize material form of Energy. Feel that every thought is like a flower petal offered to Lakshmi AMMA.

Aum Satgurubhyo Namaha
Aum Haree Shree Ganapataye Namaha
Aum Shree Mahalakshmyai cha Vidmahe
Vishnu Patni cha Dheemahi
Tanno Lakshmee Prachodayaat

With Awareness, I understand/invoke (Vidhmahe) that greatest (Maha) goddess, is imbibed/meditated (Dheemahe) as Vishnu's wife by my mind so that it is always (Thanno) inspired (Prachodayath) by intelligence, in the form of Lakshmi.

3.1 SHREE LAKSHMEE ASHTOTHARA SHATA NAAMAAVALEE

1. Aum Prakrityai Namaha
2. Aum Vikrityai Namaha
3. Aum Vidhyaayai Namaha
4. Aum Sarva-bhoota-hita-pradaayai Namaha
5. Aum Shraddhaayai Namaha
6. Aum Vibhootyai Namaha
7. Aum Surabhyai Namaha
8. Aum Paramaatmikaayai Namaha
9. Aum Vaache Namaha
10. Aum Padmaalayaayai Namaha
11. Aum Padmaayai Namaha
12. Aum Shuchayai Namaha
13. Aum Svaahaayai Namaha
14. Aum Svadhaayai Namaha
15. Aum Sudhaayai Namaha
16. Aum Dhanyaayai Namaha
17. Aum Hiranmayyai Namaha
18. Aum Lakshmyai Namaha
19. Aum Nitya-Pushtaayai Namaha
20. Aum Vibhaavaryai Namaha
21. Aum Adityai Namaha
22. Aum Dityai Namaha
23. Aum Deepaayai Namaha
24. Aum Vasudhaayai Namaha
25. Aum Vasudhaarinyai Namaha
26. Aum Kamalaayai Namaha
27. Aum Kaantaayai Namaha
28. Aum Kaamaakshyai Namaha
29. Aum Krodha-sambhavaayai Namaha
30. Aum Anugraha-pradaayai Namaha
31. Aum Buddhaye Namaha

32. Aum Anaghaayai Namaha
33. Aum Harivallabhaayai Namaha
34. Aum Ashokaayai Namaha
35. Aum Amritaayai Namaha
36. Aum Dipttaayai Namaha
37. Aum Loka-Shoka-vinaashinyai Namaha
38. Aum Dharma-nilayaayai Namaha
39. Aum Karunaayai Namaha
40. Aum Lokamaatre Namaha
41. Aum Padmapriyaayai Namaha
42. Aum Padmahastaayai Namaha
43. Aum Padmaakshyai Namaha
44. Aum Padamasundaryai Namaha
45. Aum Padmodbhavaayai Namaha
46. Aum Padmamukhyai Namaha
47. Aum Padmanaabha-priyaayai Namaha
48. Aum Ramaayai Namaha
49. Aum Padma-maalaa-dharaayai Namaha
50. Aum Devyai Namaha
51. Aum Padminyai Namaha
52. Aum Padmagandhinyai Namaha
53. Aum Punyagandhaayai Namaha
54. Aum Suprasannaayai Namaha
55. Aum Prasaadaabhimukhyai Namaha
56. Aum Prabhaayai Namaha
57. Aum Chandravadanaayai Namaha
58. Aum Chandraayai Namaha
59. Aum Chandrasahodaryai Namaha
60. Aum Chaturbhujaayai Namaha
61. Aum Chandrarupaayai Namaha
62. Aum Indiraayai Namaha
63. Aum Indushitalaayai Namaha
64. Aum Aahlada-jananyai Namaha
65. Aum Pushtyai Namaha
66. Aum Shivaayai Namaha
67. Aum Shivakaryai Namaha
68. Aum Satyai Namaha
69. Aum Vimalaayai Namaha
70. Aum Vishva-jananyai Namaha
71. Aum Tushtayai Namaha
72. Aum Daaridrya-naashinyai Namaha
73. Aum Preetipushkarinyai Namaha
74. Aum Shantaayai Namaha
75. Aum Shukla-maalyaam-baraayai Namaha
76. Aum Shriyai Namaha
77. Aum Bhaaskaryai Namaha
78. Aum Bilva-nilayaayai Namaha
79. Aum Varaa-rohaayai Namaha
80. Aum Yashas-vinyai Namaha
81. Aum Vasundharaayai Namaha

82. Aum Udaaraan-gaayai Namaha
83. Aum Harinyai Namaha
84. Aum Hemamaalinyai Namaha
85. Aum Dhana-Dhaanya-Karyai Namaha
86. Aum Siddhaye Namaha
87. Aum Straina-Saumyaayai Namaha
88. Aum Shubha-Pradaayai Namaha
89. Aum Nripa-veshma-gataa-nandaayai Namaha
90. Aum Varalakshmyai Namaha
91. Aum Vasupradaayai Namaha
92. Aum Shubhaayai Namaha
93. Aum Hiranya-praakaaraayai Namaha
94. Aum Samudra-tanayaayai Namaha
95. Aum Jayaayai Namaha
96. Aum Mangala Devyai Namaha
97. Aum Vishnu-vakshassthala-Sthitaayai Namaha
98. Aum Vishnu-Pathnyai Namaha
99. Aum Prasannaakshyai Namaha
100. Aum Naaraayana-samaakshitaayai Namaha
101. Aum Daaridrya-dhvamsinyai Namaha
102. Aum Devyai Namaha
103. Aum Sarvo-padrava-vaarinyai Namaha
104. Aum Navadurgaayai Namaha
105. Aum Mahaakaalyai Namaha
106. Aum Brahma-Vishnu-Shivaatmikaayai Namaha
107. Aum Trikala-gnana-Sampannaayai Namaha
108. Aum Bhuvaneshvaryai Namaha

Iti Shree Lakshmi Ashtothara Shatanamavali Sampoornam

3.2 KANAKADHARA STHOTHRAM

Objective: This is chanted to get prosperity energy through sacrificial actions.

Aum Sat Gurubhyo Namaha,
Aum Hari Shree Ganapathaye Namaha
Aum Shree Jagat Guru Aadi Shankara Aachaarya Namaha
Aum Naaraayanaaya Vidmahe, Vaasudevaaya-dhee-mahi
Tanno Vishnu Prachodayaath
Aum Mahaa lakshmi Vidmahe, Vishnu pathni cha Dheemahi,
Tanno Lakshmi Prachodayaat

Ang-gam Hare, Pulaka Bhooshanam Aashrayantee
Bhringa Angana eva, Mukula aabharanam Tamaalam
Ang-gee Krita Akhila, Vibhootir apaanga Leela
Maangalya Daa Astu, Mama Mangala Devataayaha 1

Mugdhaa Muhur Vida-dhatee, Vadane Muraare
Prema Trapaa, Prani hitaani Gataagataani
Maalaa Drishor Madhu-kareeva, Mahot-pale Yaa
Saa Me Shriyam, Dishatu Saagara Sambhavam aayaaha 2

Aameelita Aksham, Adhigamya Mudaa Mukundam
Aananda Kandam, Animesham Ananga Tantram
Aakekara Sthita Kanee, nika Pakshma Netram
Bhootyai Bhaven Mama, Bhujanga Shaya Anga-naayaha 3

Baahav Antare, Madhu Jita Shrita Kaustubhe Yaa
Haaraa-valeeva, Hari-neela-mayee Vibhaati
Kaama Pradaa, Bhagavato Api Kataaksha Maalaa
Kalyaanama Avahatu Me, Kamala aalayaayaha 4

Kaala ambu daali, Lalitor asi Kaitabhaarehe
Dhaara-dhare Sphurati Yaa, tadit(d) Angan aiva
Maatu Samasta Jagataam, Mahaneeya Moorti
Bhadraani Me Dishatu, Bhaargava Nandanaayaha 5

Praaptam Padam Prathama ta, Khalu Yat Prabhaavaat
Maangalya Bhaaji Madhu Maathini, Manmathena
Mayyaa Pate Tad-iha, Mantharam eekshan aardham
Mand aalasam Cha, Makaraalaya Kanyakaayaha 6

Vishva Amar Indra Pada, Veebhrama Daana Daksham
Aananda Hetu(r) Adhikam, Mura Vidvisho Api
Eeshan Nisheedatu Mayi, Kshanam eekshan aardham
Indee-varo dara, Sahodaram Indiraayaha 7

Ishtaa Vishishta Mata Yo Api, Yayaa Dayaa aardra
Drishtyaa Trivisht-apa, Padam Sulabham Labhante
Drishti Praharshta Kamalo dara, Deepti Rishtaam
Pushtim Krisheeshta Mama, Pushkara Vishtaraayaha 8

Dadhyaad Dayaa Anupavano, Dravina Ambu Dhaaraam
Asmin Akin chana , Vihanga Shishau Vishanne
Dushkarma gharmam Apaneeya, Chiraaya Dooram
Naaraayana Pranayinee, Nayana Ambu Vaahaha 9

Geer Devata iti, Garuda Dhvaja Sundaree iti
Shaakambharee iti, Shashi Shekhara Vallabhe iti
Srishti Sthiti Pralaya Kelishu, Samsthi-taayai
Tasyai Namas Tri Bhuvana, Eka guros Tarunyai 10

Shrutyai Namo Astu, Shubha Karma Phala Prasootyai
Ratyai Namo Astu, Ramaneeya Guna Arnavaayai
Shaktyai Namo Astu, Shata Patra Niketanaayai
Pushtyai Namo Astu, Purushotama Vallabhaayai 11

Namo Astu, Naaleeka Nibha aana-naayai
Namo Astu, Dugdho dadhi Janma Bhoomyai
Namo Astu, Soma Amrita Sodaraayai
Namo Astu, Naaraayana Vallabhaayai 12

Namo Astu, hemaam buja peethi kaayai
Namo Astu, bhoo mandala naayi-kaayai
Namo Astu, devaadi dayaa paraayai
Namo Astu, shaarang aayudha vallabha yai 13

Namo Astu, devyai bhragu nandanaa yai
Namo Astu, Vishnu ur asi isthithi-taayai
Namo Astu, lakshmyai kamala alayaayai
Namo Astu, daamodara vallabhaa yai 14
Namo Astu, kaantyai kamalekshanaa yai

Namo Astu, bhootyai bhuvana prasoot yai
Namo Astu, devaadi bhir ar-chitaa yai
Namo Astu, nanda atmaja vallabhaa yai 15

Sampat Karaani Sakale, indriya Nandanaani
Saamraajya Daana, Vibhavaani Saroruh aakshi
Tvad Vandanaani Durita, aharano udya-taani
Maam Eva Maatar, Anisham Kalayantu Maanye 16

Yat Kataaksha, Sam-upaasanaa Vidhihi
Sevakasya Sakala, Artha Sampadaha
Samtanoti Vachana, Anga Maanasaihi
Tvaam Muraari, Hrdaye ishvareem Bhaje 17

Sarasija Nilaye, Saroja Haste
Dhavalata ma Amshuka, gandha Maalya Shobhe
Bhagavati Hari , Vallabhe Manogyne
Tri Bhuvana Bhooti Kari, Praseeda Mahyam 18

Dig-dhastibhi Kanaka, Kumbha Mukha Ava srishta
Svara Vaahinee, Vimala Chaaru Jala apluta Angeem
Praatar Namaami, Jagataam Jananeem Ashesha
Loka Aadhi-naatha, Grahineem Amrita abdhi Putreem 19

Kamale, Kamala aaksha Vallabhe Tvam
Karunaa Poora, Tarang-gitair Apaangai
Avalokaya Maam, Akin chanaanaam
Prathamam Paatram, Akrtrimam Dayaayaaha 20

Stuvanti Ye Stutibhi(r), Amoobhir-Anvaham
Trayeemayeem, Tri Bhuvana Maataram Ramaam
Guna Adhikaa, Gurutara Bhaagya Bhaagino
Bhavanti Te Bhuvi, Budha Bhaavitaa Shayaaha 21

Suvarna dhaara stotram
Shankara aachaarya nirmitam
Trisandhyam yah pathet
nityam Cha kubera samu-bhavet
http://greenmesg.org/mantras_slokas/devi_lakshmi-kanakadhara_stotram.php

3.3 MAHALAKSHMI ASHTAKAM

Objective: This is chanted to fulfill desires in the material life.

Aum Sath Gurubyo Namah, Hari Shree Ganapathaye Namaha
Indra Uvacha

1)Namastestu Mahamaye
Shree Pithe Sura Poojite
Shanka Chakra Gadha Haste
Maha Lakshmi Namoostute

2)Namastestu Garudarudhe
Kolasura Bhayankari
Sarva Papa Hare Devi
Maha Lakshmi Namoostute

3)Sarvajne Sarva Varade
Sarva Dushta Bhayankari
Sarva Duhkha Hare Devi
Maha Lakshmi Namoostute

4)Siddhi Buddhi Prade Devi
Bhakti Mukti Pradayini
Mantra Moorte Sada Devi
Maha Lakshmi Namoostute

5)Adyanta Rahite Devi
Adi Shakti Maheshwari
Yogaje Yoga Sambhute
Maha Lakshmi Namoostute

6)Sthula Sukshme Maha Raudre
Maha Shakti Mahodari
Maha Papa Hare Devi
Maha Lakshmi Namoostute

7)Padmasana Sthithe Devi
Parabrahma Swaroopini
Parameshi Jagan Mata
Maha Lakshmi Namoostute

8)Shvetambara Dhare Devi
Nanalankara Shobhite
Jagasthithe Jaganmata
Maha Lakshmi Namoostute

9)Maha Lakshmyashtakam Stotram
Yah Patheth Bhakti Man Narah
Sarva Siddhi Mavapnoti
Rajyam Prapnoti Sarvada

10) Eka Kalam Pathennityam
Maha Papa Vinashanam
Dwikalam Yah Pathennityam
Dhana Dhanya Samanvitah

11) Trikalam Yah Pathennityam
Maha Shatru Vinashanam
Maha Lakshmi Bhavennityam
Prasanna Varada Shubhah

3.4 Shree Suktham

Objective: This is chanted to express gratitude for making fulfillment in material Energy levels.

Aum Sath Gurubyo Namah, Hari Shree Ganapathaye Namaha

Hiranyavarnaa Harineem Suvarna Rajaathastrajam,
Chandraam Hiranmayeem Jatha Vedo Ma Aavaha 1

Thaam Ma Aavaha Jatha Vedo Lakshmi- Manapagaaminim,
Yasyam Hiranyam Vindeyam Kaamaswam Purushanaham 2

Aswa Poorva Radha Madhyaam Hasthi Nadha Prabhodhineem,
Sriyam Devi Upahvaye Srirma Deveem Jupathaam 3

Kaam Sosmathim Hiranya Praakaram Aardhra Jwalantheem Truptham Tharpayantheem,
Padme Sthithaam Padma Varnaam Thaam Ehopahvaye Sriyam 4

Chandraam Prabhasam Jwalanthim Sriyam Loke Deva Jushta Mudhaaram,
Thaam Padmineemeem Saranamaham Prapadhye Lakshmeerme Nasyatham Twam Vrune 5

Adhityavarne Thamaso Adhijaatho Vanaspathisthva Vrukshodha Bilwa,
Tasya Phalaani Tapasa Nudhanthu Mayaantharayascha Bahya Alakshmi6

Upaithu Maam Deva Sakhaa Keertheeya Maninaa Saha,
Pradhur Bhoothosmo Rashtresmin Keerthim Vruddhim Dadhathu Me7

Kshupthipaasa Malaam Jyeshtamalakshmim Nasayamyaham,
Abhoothim Masamrudheem Cha Sarva Nirnudha Me Grahad 8

Gandhadwaaram Dhuradapaa Nithyapushtaam Karee,pineem,
Easwaree Sarva Bhoothaanam Thaam Ehopahvaye Swayam9

Maanasa Kamamaakrutheem Vachashathya Maseemahi,
Pasoonaam Roopamannasya Mayi Sree Srayathaam Yasa 10

Kardhamena Prajaa Bhoothaa Mayi Sambhava Kardhama,
Sriyam Vaasaya Me Kule Matharam Padmamalineem 11

Aapa Srujanthu Snigdhani Chikleetha Vasa Me Gruhe,
Ni Cha Deveem Matharam Sriyam Vasaya Se Kule12

Aardhraa Pushkarineem Pushteem Suvarna Hema Malineem,
Sarvaa Hiranmayeem Lakshmim Jathaveda Ma Avaha13

Aardhraa Ya Karinim Yashtim Pingalaam Padmalineem,
Chanraam Hiranmayeem Lakshmeem Jathavedo Ma Avaaha 14

Thaam Ma Avaha Jathavedo Lakshmi Managaamineem,
Yasyaam Hiranyam Prabhootham Gaavo Dasyoswaan Vindheyam Purushapaanaham 15

Ya Suchi Prayatho Bhoothwa Juhu Yaadajya Mavaham
Sriya Panchadasascha Cha Srikaama Shathatham Japeth 16

Ananda, Kardamashaiva Chikleedha Ithi Vishrutha,
Rishayasthe Thraya Proktha Swayam Sreereva Devatha 17

Padmasane Padmoru, Padamakshi Padamasambhave,
Twam Maam Bhajaswa Padamakshi Yena Sowkhyam Labhamyaham 18

Aswadhabhi Cha Godhayee Dhanadayee Maha Dhane,
Dhanam Me Jupathaam Devi Sarva Kaamartha Siddhaye 19

Puthra , Pouthra , Dhanam Dhanysm Hasthyaswajaavigoradham,
Prajaanaa Bhavasi Mathaa Ayushmantham Karothu Maam 20

Chandramam Lakshmeem Eesaanaam Sooryamaam Sriyam Easwareem,
Chandrasooryagni Varna Maam Sri Mahalakshmim Upasmahe21

Dhana Magnir , Dhanam Vayur Dhanam Sooryor Dhanam Vasu,
Dhanam Indro Brahaspathir Varuno Dhanamasnuthe 22

Vainatheya Somam, Pibha Somam, Pibhathu Vruthraha,
Somam Dhanasya Somino Mahyam Dadathu Somini 23

Na Krodho Na Cha Matsarya Na Lobho Naa Shubha Mathi,
Bhavanthi Krutha Punyanam Bakthaanam Sri Suktham Japeth Sada 24

Varshanth The Vibhavari Dhivo Abhrasya Vidhuyutha

Rohanthu Sarva Bheejanyava Brahmodweepo Jahi 25

Padmapriye, Padmini, Padmahasthe, Padmalaye, Padmadalaayathakshi
Viswapriye Vishnu Manonukoole Twat Pada Padmam Mayi Sannidasthwa 26

Maha Devyai Cha Vidmahe, Vishnu Patnai Cha Dheemahi
Thanno Lakshmi Prachodayath 27

Ya Sa Padmasanastha Vipuls Katithati Padma Pathrayathakshi
Dambheera Varthanabhi Sthanabhara Namitha Shubravasreouttareeya

Lakshmeer Divyai Gajendrai Mani Gana Kkachithai Sthaptha Hema Kumbhai
Nithyam Sa Padmahastha Mama Vasathu Gruhe Sarva Mangalya Yuktha28

Lakshmeem Ksheera Samudra Raja Thanayam,
Sri Rangadhaameswareem ,
Dasi Bhootha Samastha Deva Vanithaam ,
Lokaika Deepthanguraam,
Sriman Manda Kataksha Labdha,
Vibhava Brahmendra Gangadaraam,
Twaam Trilokya Kutumbinim Sarasijaam,
Vande Mukunda Priyaam 29

Siddha Lakshmi Moksha Lakshmir Jayalakshmi Saraswathi,
Sri Lakshmir Vara Lakshmi Cha Prasanna Bhava Sarvada 30

Varankusou Pasamabheethi Mudraam,
Karai Vahantheem , Kamalasanasthaam,
Kalaka Koti Prathibhaam Trinethraam,
Bajehamadyam Jagadeeswareem Thaam 31

Sarva Mangala Mangalye,
Shive, Saravartha Sadhake,
Saranye Trayambake,Gowri
Narayani Namosthuthe 32

3.5 Shree Ashta Lakshmi Sthothram

Objective: This is chanted to energize eight aspects of material forms of Energy.

Aum Sat Gurubhyo Namaha
Aum Hari Shree Ganapathaye Namaha

1. Adhi Lakshmi (The Primeval Lakshmi)
Sumanasa Vandhitha, Madhavi
Chandra Sahodhari Hemamaye,
Munigana Manditha, Moksha Pradhayini ,
Manjula Bhashin , Veda Nuthe,
Pankaja Vasini Deva Supoojitha
Sadguna Varshani, Santhiyuthe,
Jaya Jaya Hey Madhusoodhana Kamini
Adhilakshmi Sada Palaya Maam.

2. Dhanya Lakshmi (The Lakshmi of the Grains)
Ayio Kali Kalmasha Nasini, Kamini,
Vaidhika Roopini, Veda Maye,
Ksheera Samudhbhava Mangala Roopini,
Manthra Nivasini, Manthranuthe,
Mangala Dhayini, Ambuja Vasini,
Deva Ganarchitha Padayuthe,
Jaya Jaya He Madhusoodhana Kamini
Dhanyalakshmi Sada Palaya Maam.

3. Dairya Lakshmi (Lakshmi of Courage)
Jaya Vara Varnani, Vaishnavi,
Bhargavi, Manthra Swaroopini, Manthra Maye,
Suragana Poojitha Seegra Phala Pradha,
Jnana Vikasini, Sasthranuthe,
Bhava Bhaya Harini, Papa Vimochini,
Sadu Janarchitha Pada Yuthe,
Jaya Jaya He Madhusoodhana Kamini
Dairyalakshmi Sada Palaya Maam.

4. Gaja Lakshmi (Lakshmi of the Elephants)
Jaya Jaya Durgathi Nasini Kamini,
Sarva Phala Pradha Sastra Maye,
Rathha Gaja Thuraga Padathi Samavrutha,
Parijana Manditha Lokanuthe,
Harihara Brahma Supoojitha Sevitha,
Thapa Nivarini Pada Yuthe,
Jaya Jaya He Madhusoodhana Kamini
Gajalakshmi Sada Palaya Maam.

5. Santhana Lakshmi (The Lakshmi of Progeny)
Ayi Kagha Vahini, Mohini, Chakrini,
Raga Vivrdhni, Jnanamaye,
Gunagana Varidhi, Loka Hithaishini,
Swara Saptha Bhooshitha Gana Nuthe,
Sakala Surasura Deva Muneeswara,
Manhava Vandhitha Padayuthe,
Jaya Jaya He Madhusoodhana Kamini
Santhanaalakshmi Sada Palaya Maam.

6. Vijayalakshmi (Lakshmi of Victory)
Jaya Kamalasini, Sadgathi Dayini,
Jnana Vikasini Ganamaye,
Anudina Marchitha Kumkuma Dhoosara
Bhooshitha Vaasitha Vadhyanuthe,
Kanakadhara Sthuthi Vaibhava
Vanditha Shankara Desika Manyapathe,
Jaya Jaya He Madhusoodhana Kamini
Vijayalakshmi Sada Palaya Maam.

7. Vidhya Lakshmi (Lakshmi of Knowledge)
Pranatha Sureswari, Bharathi, Bhargavi
Shoka Vinasini, Rathna Maye,
Mani Maya Bhooshitha Karma Vibhooshana,
Santhi Samavrutha Hasyamukhe,
Nava Nidhi Dhayini Kalimala Harini,

Kamitha Phalapradha Hasthayuthe,
Jaya Jaya He Madhusoodhana Kamini
Vidhyalakshmi Sada Palaya Maam.

8. Dhana Lakshmi (Lakshmi of Wealth)
Dhimidhimi Dhindhimi Dhindhimi Dhindhimi,
Dundubhi Nada Supoornamaye,
Ghumaghuma Ghumaghuma Ghumaghuma,
Sankha Ninadha Suvadhyanoothe,
Veda Puranethihasa Supoojitha,
Vaidhika Marga Pradarsayuthe,
Jaya Jaya He Madhusoodhana Kamini
Danalakshmi Sada Palaya Maam.

Final song to end the Pooja. (The Sound “Ma In Mmm” Is Makara.The Auspicious Ending of Aum.)

4.0 SARASWATHEE

Objective: This is chanted to Energize knowledge needed for material life. Feel that every thought is like a flower petal offered to Sarasvatee AMMA.

Aum Satgurubhyo Namaha
Aum Haree Shree Ganapataye Namaha
Aum Vakdeviyai Vidmahe
Virinji Pathniyai Cha Dheemahe
Tanno Vani Prachodayaat.

With Awareness, I understand/invoke (Vidhmahe) that goddess of speech, is imbibed/meditated (Dheemahe) as Brahma's wife by my mind so that it is always (Thanno) inspired (Prachodayath) by intelligence, in the form of Vani.

4.1 SARASWATHEE ASHTOTHARA SHATA NAAMAAVALEE

1. Aum Sarasvat-yai Namaha
2. Aum Mahaa-Bhadraayai Namaha
3. Aum Mahaa-Maayaayai Namaha
4. Aum Vara-Pradaayai Namaha
5. Aum Shree Padaayai Namaha
6. Aum Padma-Nilayaayai Namaha
7. Aum Padmaaksh-yai Namaha
8. Aum Padma-Vaktrakaayai Namaha
9. Aum Shivaanu-Jaayai Namaha
10. Aum Pustaka-bhrite Namaha
11. Aum Jnaana-Mudraayai Namaha
12. Aum Ramaayai Namaha
13. Aum Paraayai Namaha
14. Aum Kaama-Rupaayai Namaha
15. Aum Mahaa-Vidhyaayai Namaha
16. Aum Mahaa-Paataka-Naashinyai Namaha
17. Aum Mahaa-Shrayaayai Namaha
18. Aum Maalinyai Namaha
19. Aum Mahaa-Bhogaayai Namaha
20. Aum Mahaa-Bhujaayai Namaha
21. Aum Mahaa-Bhaagaayai Namaha
22. Aum Mahot-sahaayai Namaha
23. Aum Divyaangaayai Namaha
24. Aum Sura-Vandi-Taayai Namaha
25. Aum Mahaa-kaalyai Namaha
26. Aum Mahaa-Paashaayai Namaha
27. Aum Mahaa-Kaaraayai Namaha
28. Aum Mahan-kushaayai Namaha
29. Aum Peetaayai Namaha
30. Aum Vimalaayai Namaha
31. Aum Vishvaayai Namaha
32. Aum Vidyun-maalaayai Namaha
33. Aum Vaishnavyai Namaha
34. Aum Chandri-Kaayai Namaha
35. Aum Chandravadanaayai Namaha
36. Aum Chandra-Lekhaa-Vibhooshitaayai Namaha
37. Aum Saavitryai Namaha
38. Aum Surasaayai Namaha
39. Aum Devyai Namaha
40. Aum Divyaalankaara-Bhooshitaayai Namaha
41. Aum Vaagdevyai Namaha
42. Aum Vasudhaayai Namaha
43. Aum Teevraayai Namaha
44. Aum Mahaa-Bhadraayai Namaha
45. Aum Mahaa-balaayai Namaha
46. Aum Bhoga-Daayai Namaha

47. Aum Bhaaratyai Namaha
48. Aum Bhaamaayai Namaha
49. Aum Govindaayai Namaha
50. Aum Gomatyai Namaha
51. Aum Shivaayai Namaha
52. Aum Jati-Laayai Namaha
53. Aum Vindhyaa-Vaasaayai Namaha
54. Aum Vindhyaachalaviraajitaayai Namaha
55. Aum Chandi-Kaayai Namaha
56. Aum Vaishnavyai Namaha
57. Aum Braahmyai Namaha
58. Aum Bramha-Jnanaika-Saadhanayai Namaha
59. Aum Saudaaminyai Namaha
60. Aum Sudha-Murtyai Namaha
61. Aum Subha-draayai Namaha
62. Aum Sura-Pooji-Taayai Namaha
63. Aum Suvaa-Sinyai Namaha
64. Aum Sunaasaayai Namaha
65. Aum Vini-draayai Namaha
66. Aum Padma-Lochanaayai Namaha
67. Aum Vidhyaa-roopaayai Namaha
68. Aum Vishaalaakshyai Namaha
69. Aum Brahma-jaayaayai Namaha
70. Aum Mahaa Phalaayai Namaha
71. Aum Trayee-moortyai Namaha
72. Aum Trikaalajnaayai Namaha
73. Aum Trigunaayai Namaha
74. Aum Shaastra-Roopinyai Namaha
75. Aum Shumbha-Sura-Pramathinyai Namaha
76. Aum Shubha-Daayai Namaha
77. Aum Svaraatmi-Kaayai Namaha
78. Aum Rakta-Beeja-nihantryai Namaha
79. Aum Chaamundaayai Namaha
80. Aum Ambikaayai Namaha
81. Aum Munda-Kaaya prahanaayai Namaha
82. Aum Dhoomra-Lochana-Mardanaayai Namaha
83. Aum Sarva-Devastu-taayai Namaha
84. Aum Saumyaayai Namaha
85. Aum Suraasura-Namaskritaayai Namaha
86. Aum Kaalaraatryai Namaha
87. Aum Kalaa-Dhaaraayai Namaha
88. Aum Roopasaubhaagyadaayinyai Namaha
89. Aum Vaagdevyai Namaha
90. Aum Varaa-Rohaayai Namaha
91. Aum Vaaraahyai Namaha
92. Aum Vaarijaa-Sanaayai Namaha
93. Aum Chitraambaraayai Namaha
94. Aum Chitra-Gandhaayai Namaha
95. Aum Chitra-Maalya-Vibhooshitaayai Namaha
96. Aum Kaantaayai Namaha
97. Aum Kaama-Pradaayai Namaha
98. Aum Vandhyaayai Namaha
99. Aum Vidhyadharasupoojitaayai Namaha
100. Aum Shvetaa-nanaayai Namaha
101. Aum Neela-Bhujaayai Namaha
102. Aum Chaturvargaphalapradaayai Namaha
103. Aum Chaturaanana Saamraajyaayai Namaha
104. Aum Rakta-Madhyaayai Namaha
105. Aum Niranjanaayai Namaha
106. Aum Hamsaa-Sanaayai Namaha
107. Aum Neelajanghaayai Namaha
108. Aum Brahma-Vishnu-Shivaatmi-Kaayai Namaha

Aum iti Saraswathee Ashtothara Shatanaamaavalee Sampoornam

4.2 SHYAMALA DANDAKAM

Objective: This is chanted for Energy to express and succeed with material knowledge.

Manikhya Veenaam Upalalayanthim,
Madalasam Manjula Vaag Vilasam,
Mahendra Neela Dhyuthi Komalangim,
Mathanga Kanyam Manasa Smarami 1

Chathurbhuje Chandra Kala Vathamse,
Kuchonnathe Kumkuma Raga Sone,
Pundrekshu Pasangusa Pushpa Bana,
Hasthe Namasthe Jagadaika Matha2

Matha Marakatha Shyama,
Mathangi Madha Shalini,
Kuryath Kadaksham Kalyani
Kadambha Vana Vasini 3

Jaya Mathanga Thanaye,
Jaya Neelolpala Dhyuthe,
Jaya Sangeetha Rasike,
Jaya Leela Shuka Priye 4

Dandakam
Jaya Janani,
Sudha Samudranthar Udhuyanmani Dheepa Samrooda Vilwadavi
MadhyaKalpadhruma Kalpa Kadambha Vasa Priye,
Krithivasa Priye, Sarva Loka Priye.

Sadararabdha Sangeetha Sambhavana A Sambhrama Lola
Neepasraga Badha Chooli Sanadathrike,
Sanumath Puthrike, Shekhari Bhootha Sheethamsu Leka Mayookhavalibadha
Susnigdha Neelaalaka Sreni Sringarithe,
Loka Sambhavithe,

Kama Leela Dhanusannibha Brullatha Pushpa Sandoha

Sandeha Krullochane, Vak Sudha Sechane,
Charu Gorchana Panga Keli Lalabhirame,
Surame, Rame,
Prollasadvalika Moukthika Srenika Chandrika
Mandalothbhasi Lavanyagandasthalanyatha Kasthurika
Pathra Rekha Samudbhootha Sourabhyasambhrantha
Brungangana Geetha Santhree Bhavan Mantra Thanthreesware,
Susware, Bhasware,

Vallaki Vadana Prakriya Lola Thali Dhala Badha Thadanga
Bhoosha Viseshanwithe, Sidha Sammanithe,

Divya Halamadho Dwelahelala Sachakshurandholana Sri
Samakshiptha Karanaika Neelothphale,
Poorithasesha Lokapi Vanchapale, Sreephale

Sweda Bindulla Sathphala Lavanya Nishyandha Sandhoha
Sandeha Krunnasika Moukthike,
Sarva Viswathmike, Kalike,

Mugdha Mandasmithodhara Vyaktha Sphural Pooga Thamboola
Karpoora Gandolkare, Jnana Mudhrakare, Sarvasampathkare,
Padmabaswathkare, Sreekare,

Kunda Pushpa Dhyuthi Snigdha Dantha Vali Nirmala Lola
Kallola, Sammelanasmera Sona Dhare,
Charu Veena Dhare, Pakwa Bimbha Dhare,

Sulalithayouanarambha Chandrayodhvela Lavanya
Dughdarnawavir Bhava Th Kambhu Bibhoka Bruth Kandhare,
Sathkala Mandhire, Mandhare,

Divya Rathna Prabha Banduhrachaanna Haaradhi Bhoosha
Samudhyotha Mananavadhyanga Shobhe, Shubhe,

Rathna Keyura Rasmi Chada Pallava Prollasath Dhorlatha
Rajithe, Yogibhi Poojithe,

Viswa Ding Mandala Vyapi Manikhya Theja Spurath
Kankanalangruthe, Vibhramalankruthe, Sadhubhi Poojithe,
Vasararambha Vela Samjrumbhamana Aravinda Prathi Dwandwi
Panidwaye, Santhothdhyaddhaye, Adwaye,

Divyarathnormika Dheethithi Sthoma Sandhyaya Mananguli
Pala Vodhyanna Khendu Prabha Mandale,
Sannadha Ghandale, Chith Prabha Mandale, Prollasath Khundale,

Tharakajala Neekasa Haraa Valee Smera Charu Sthana Bhoga
Bharanamanmadhyavallee Valee Schedha Veechi Samudhyath
Samullasa Sandarsithakarasoundarya Rathna Kare,
Vallevibruthkare, Kimkara Sreekare,

Hemakumbhopamothunga Vakshoja Parava Namre,
Trilokavanamre,

Lasadvrutha Gambheera Nabhee Sarastheera Saivala
Sangakara Syama Romavalee Bhooshane,
Manju Sambhashane,
Charu Sinchath Kati Soothra Nirbarsthinanga Leela Dhanu
Sinchineedambare, Divya Rathnambare,

Padmaraghollasanmekhala Moukthi Sreni Shobajitha Swarna
Bhoo Bruthale, Chandrika Seethale,

Vikasitha Navakimsuka Thara Divyamsuka Channa Charooru
Shobha Para Bhootha Sindhoora Sonaya Manendra Matanga
Hasthargale, Vaibhavan Argale, Syamale,

Komala Snighdha Neelothpalothpaditha Ananga Thunnera
Sangakare Dara Jangalathe, Charu Leela Gathe,

Namradik Pala Seemanthini Kunthalasnighdha Neela Prabha
Punja Samjatha Durvangurasangi Saranga Samyoga Ringanna
Khendujjwale, Projjwale, Nirmale,
Prahwadevesa Lakshmeesa Bhoothesa Thoyesa Vaneesa

Keenasa Daithyesa Yakshesavayvagni Koteera Manikhya
Sangushta Bala Thapodhama Lakshara Sarunyatharunya
Lakshmi Graheethangri Padme, Supadme, Ume,

Suruchira Navarathna Peeta Sthithe,
Susthithe, Rathna Padmasane, Rathna Simhasane,
Sankapadmadvayopasrithe, Vishruthe,

Thathra Vignesa Durga Vatu Ksethra Palairyuthe,
Matha Mathanga Kanya Samoohanvithe,
Bhairavair Ashtabhir Veshtithe,

Manjula Menakadhyanga Namanithe,
Devi Vamadhibhi Shakthihi Sevithe,
Mathurka Mandalair Mandithe,
Yaksha Gandharwa Sidhangana Mandalair Archithe,
Pancha Banathmike,
Pancha Banenarathya Cha Sambhavithe,
Preethibhajaa Vasanthena Chaanandithe,

Bhakthi Baajam Param Sreyase,
Kalpase Yoginaam Manase Dhyothase,
Geetha Vidhya Vinodhati Trushnena Krishnena Sampoojyase,
Bhakthimaschedasa Vedhasa Sthooyase,
Viswa Hrudhyena Vadhyena Vidhyadharair Gheeyase,

Sravana Harana Dakshinakwanaya Veenaya Kinnarair
Gheeyase,
Yaksha Gandarwa Sidhangana Mandalair Archyase,
Sarva Soubhagya Vanchavahirvadhudhir Suranam
Samaradhyase,

Sarva Vidhya Viseshathmakam, Chadu Gatha Samuchaaranam,
Kanda Mulolla Sadwarna Raji Thrayam,
Komala Syamalo Dhara Paksha Dwayam,
Thunda Shobhathi Dhoori Bhavath Kisukam Tham Shukam,
Lalayanthi Parikreedase,

Pani Padmadwaye Nakshamalamapisphatikeem
Jnanasarathmakam Pustakangusam Pasa
Bibrathiyenasanchinthyse, Tasya Vakthrantharal Gadya
Padyathmika Bharathinishareth,
Yena Vaa Yavaka Bhakruitheer Bavyase Tasya
Vasyabhavanthi Sthriya Purusha Yena Vaa
Sathakumbhadyuthir Bhavyase Sopilakshmi Sahasarair
Parikreedathe,

Kinna Sidhyedwapu Shyamalam Komalam Chandrachoodanwitham
Thavakam Dhyatha Thasya Kelivanam Nandanam
Thasyabhadrasanam Bhoothalam, Thasya Gheer Devatha
Kimkari Thasya Chajnakarisree Swayam,
Sarva Theerthathmike,
Sarva Mantrathmike,
Srava Yantrathmike,
Sarva Shakthyathmike,
Sarva Peedathmike,
Sarva Thathwathmike,
Sarva Vidhyathmike,
Sarva Yogathmike,
Sarva Nadathmike,
Sarva Shabdathmike,
Sarva Viswathmike,
Sarva Vargathmike,
Sarva Sarvathmike,
Sarvage, Sarva Roope, Jagan Mathruke,
Pahi Maam, Pahi Maam, Pahi Maam,
Devi Thubhyam Namah,
Devi Thubhyam Namah,
Devi Thubhyam Namah.

Ithi Shyamala Dandakam Sampoornam

5.0 SHIVA

Objective: This is chanted to attain the awareness of Shiva Consciousness. Witness the inhalation and exhalation of breath while chanting.

Aum Satgurubhyo Namaha, Aum Haree Shree Ganapataye Namaha
Aum Tat Purushaaya Vidmahe, Mahaa devaaya Dheemahi
Tanno Rudra Prachodayaat.

With Awareness, I understand/invoke (Vidhmahe) that greatest (Maha) unchanging-male-Consciousness (Purusha), is imbibed/meditated （Dheemahe） as greatest God （Mahadeva） by my mind so that it is always （Thanno） inspired （Prachodayath） by intelligence, in the form of Rudra.

5.1 SHREE LINGA ASHTAKAM

Brahma Muraari Suraarchita Lingam
Nirmala Bhaasita Shobhita Lingam
Janmaja Dukha Vinaashaka Lingam
Tat Pranamaami Sadaashiva Lingam
I bow before that Sada Shiva Linga, to destroy the cycle of births and deaths.

Deva Muni Pravaraarchita Lingam
Kaama Dahana Karunnaakara Lingam
Raavana Darpa Vinaashana Lingam
Tat Pranamaami Sadaashiva Lingam
I bow before that Sada Shiva Linga, which is the destroyer of desires, and which subdued the pride of Raavana.

(Fast Mode)
Sarva Sugandha Sulepita Lingam
Buddhi Vivardhana Kaarana Lingam
Siddha Surasura Vandita Lingam
Tat Pranamaami Sadaashiva Lingam
I bow before that Sada Shiva Linga, which elevates the power of thought and enkindles the light of discrimination, and before which the Siddhas and Suras and Asuras prostrate.

Kanaka Mahaamani Bhooshita Lingam
Phanipati Veshtita Shobhita Lingam
Daksha Su Yajnya Vinaashana Lingam
Tat Pranamaami Sadaashiva Lingam

I bow before that Sada Shiva Linga, the destroyer of Dakshas (Ego) sacrifice, which results in generation of spiritual form of Energy symbolized as the garland of the serpent Lord coiled around it.

Kungkuma Chandana Lepita Lingam
Pangkaja Haara Su Shobhita Lingam
Sanchita Paapa Vinaashana Lingam
Tat Pranamaami Sadaashiva Lingam
I bow before that Sada Shiva Linga, which is smeared with saffron and sandal paste, which is decorated with lotus garlands and which wipes out all accumulated sins.

(Fast Mode)
Deva Gannaarchita Sevita Lingam
Bhaavair Bhaktibhi Revacha Lingam
Dinakara Kotti Prabhaakara Lingam
Tat Pranamaami Sadaashiva Lingam
I bow before that Sada Shiva Linga which is worshipped by the multitude of Gods with genuine thoughts full of faith and devotion and whose splendor is like that of a million suns.

Ashtta Dalo Pariveshtitha Lingam
Sarva amudbhava Kaarana Lingam
Ashtta Daridra Vinaashita Lingam
Tat Pranamaami Sadaashiva Lingam
I bow before that Sada Shiva Linga, destroyer of all poverty and misery in its eight aspects, which is the cause of all creation and which stands on the eight petalled Lotus.

Suraguru Suravara Poojita Lingam
Suravana Pusspa Sadaarchita Lingam
Paraatparam Parama atmaka Lingam
Tat Pranamaami Sadaashiva Lingam
I bow before that Sada Shiva Linga which is the Transcendent Being and the Supreme Self, worshipped by all Suras and their preceptor (Brhaspathi), with innumerable flowers from the celestial gardens.

Lingaashtakam Idam Punnyam
Yaha Patthet Shiva Sannidhau
Shivalokam Avaapnoti
Shivena Saha Modate
Aum Namah Shivaya

6.0 VISHNU

Objective: This is chanted to heal diseases.

Aum Satgurubhyo Namaha
Aum Haree Shree Ganapataye Namaha

Aum Narayanaaya Vidhmahe
Vasudevaaya Dheemahe
Thanno Vishnu Prachodayath

With Awareness, I understand/invoke (Vidhmahe) that Narayana, is imbibed/meditated (Dheemahe) as Vaasudeva by my mind so that it is always (Thanno) inspired (Prachodayath) by intelligence, in the form of Vishnu.

6.1 DHANVANTHARI MANTRA

Aum Namo Bhagavate
Maha Sudharshanaya
Vasudevaya Dhanvantaraye;
Amrutha Kalasa Hasthaaya
Sarva Bhaya Vinasanaya
Sarva Roga Nivaranaya
Thri Lokaya Pathaye
Thri Lokaya Nithaye
Sri Maha Vishnu Swarupaya
Sri Dhanvantri Swarupaya
Sri Sri Sri Aoushata Chakra Narayana Namaha

7.0 OTHERS

7.1 MAATHRU POOJA

Objective: This is chanted to acknowledge the material (Biological) form of mother and connecting to eternal AMMA.

Sat Gurubyo Namaha
Aadi Sankaracharya Namaha
Aum Shree Ganapathaye Namaha
Aum Shree Hari Shree Ganapathaye Namaha

Aasthaam Tavad-deeyam, Prasoothi Samaye
Durvaara Soolav-vyadha,
Nairuchyam Thanu Soshanam, Malamayee
Sayya Cha Saamvatsarae,
Ekasy-api Na Garbha Baara,
Bharana Klesasya, Yasyaa Kshmo
Dhaathum Nishkruthim, unnathopi
Thanaya Tasya, Janyai Nama

"AUM Mãthru Devo Bhava!"
"AUM Mãthru Devo Bhava!"
"AUM Mãthru Devo Bhava!"

Oh mother mine, With clenched teeth bore thou the excruciating pain, When I was born to you, Shared thou the bed made dirty by me for an year, And thine body became thin and painfull, During those nine months that you bore me, For all these in return, Oh mother dearest,I can never compensate, Even by my becoming great.

The expression durvara shoola vyadsha is very significant. It is Shankara's phrase for the "ugly, noxious" embryo that takes seed inside a mother"s womb and begins to grow for nine long months before the moment of birth arrives when it gets to see daylight for the first time ever in life. The reason that our pregnant mothers gave us nothing but kindness, nurturing and soulful love when we were least "lovable", least "attractive" or "endearing" in the eyes of the rest of the world -- it is for this particular reason that every one of us is born into the world so deeply and profoundly indebted to our mothers.

7.2 VIDHYARAMBAM

AUM Hari Shree Ganapataye Namaha

ॐ हरि श्रि गनपतये नमह

Sarasvatee Namasthubyam Varadhe Kaama Roopini
Vidhyarambham Karishyaami Siddhir Bhavathu Me Sadha

Saraswathi Namasthubyam Sarva Devi Namo Namaha
Shaantha Roope Sasi Dhare Sarva Yoga Namo Namaha

Nithya Nandhe Niraa Dhare Niskalaayai Namo Namaha
Vidhya Dhare Visalakshi Shudhaa Gnano Namo Namaha

Shuddha Spatika Roopaayai Sookshma Roope Namo Namaha
Saptha Brahmi Chathur Hasthe Sarva Sidhyai Namo Namaha

Muktha Lankrutha Sarvangai Moolaadhare Namo Namaha
Moolamanthra Swaroopaayai Moola Shakthyai Namo Namaha

Idham Saraswathi Stotram Agasthya Munivachakam
Sarva Siddhi Karam Nrunaam Sarva Paapa Pranaasanam

7.3 WEDDING CHANTS

Maangalyam Thanthu naa-naena
Mamajeevana Haethoona
Kantaebadnaami Shubaagae
Vamajeeva Shaa-radha satha-tham 6

Sarva mangala Maangalaye

8.0 BHAJANS

8.1 GANESH

Ganesha Saranam Saranam Ganesha
Ganesha Saranam Saranam Ganesha (higher)
Ganesha Saranam Saranam Ganesha (higher again)
Ganesha Saranam Saranam Ganesha (lower)

Jaya Ganesha
Jaya Ganesha Jaya Ganesha
Jaya Ganesha pahi mam
Jaya Ganesha Jaya Ganesha
Jaya Ganesha rakshamam

Sri Ganesha Sri Ganesha
Sri Ganesha pahi mam
Sri Ganesha Sri Ganesha
Sri Ganesha rakshamaam

Ganesha Sharanam, Sharanam Ganesha
Ganesha Sharanam, Sharanam Ganesha
Vaageesha Sharanam, Sharanam Vaageesha
Sareesha Sharanam, Sharanam Shareesha

Subrahmanyam
Subrahmanyam Subrahmanyam
Shanmukhanatha Subrahmanyam
Shiva Shiva Shiva Shiva Subrahmanyam
Hara Hara Hara Hara Subrahmanyam
Shiva Shiva Hara Hara Subrahmanyam
Hara Hara Shiva Shiva Subrahmanyam
Shiva Sharavanbhava Subrahmanyam
Guru Sharavanbhava Subrahmanyam
Shiva Shiva Hara Hara Subrahmanyam
Hara Hara Shiva Shiva Subrahmanyam

Anjaneya veera

Anjaneya veera hanumantha shoora
Vaayu kumara vanara veera
Sri Ram jaya ram jai jai ram
Seeta ram jaya radheshyam

8.2 DEVI

Durge Durge

Durge Durge
Durge Jai Jai Ma

Durge Durgae
Durge Jai Jai Ma

Karuna saagari Ma (2X)
Kali kapalini Ma (2X)

Jagado-daarini Ma (2x)
Jagadambe Jai Jai Ma

Om Nama Shivaya

Bolo Bolo Sab Mil Bolo Om Nama Sivaya
Om Nama Sivaya Om Nama Sivaya
Joot Jata Me Ganga Dhari
Trishoola Dhari Damaroo Ghanata
Dama Dama Dama Dama Damaroo Bajao
Goonj uthao Nama Sivaya
Om Nama Shivaya Om Nama Shivaya
Om Nama Shivaya Om Nama Shivaya

Maanasa bhajare

Maanasa bhajare guru sharanam
Dhustara bhava saagara taranam

Guru maharaj guru jai jai
Swaminaatha sadguru jai jai

Om namah shivaya Om namah shivaya
Om namah shivaya shivaya namah Om

Arunachala shiva arunachala shiva
Arunachala shiva aruna shivo

Krishna Krishna Mukunda Janardhana

Krishna Krishna Mukunda Janardhana
Krishna Govinda narayana Hare
Achyutha nanda Govinda Madhava
Sachidananda narayana Hare

Radhe Radhe Radhe Radhe

Radhe Radhe Radhe Radhe Radhe Dovinda
Vrindavana Chanda, Vrindavana Chanda,
Anathanatha Deenabandhu Radhe Govinda

Nandakumara, Navaneethachora Radhe Govinda
Vrindavana Chanda, Vrindavana Chanda,
Anathanatha Deenabandhu Radhe Govinda

Purana Purusha Punyashloka Radhe Govinda
Vrindavana Chanda, Vrindavana Chanda,
Anathanatha Deenabandhu Radhe Govinda

Pandarinatha Panduranga Radhe Govinda
Vrindavana Chanda, Vrindavana Chanda,
Anathanatha Deenabandhu Radhe Govinda

Jaya Jaya Vittala, Jaya Hari Vittala, Radhe Govinda
Vrindavana Chanda, Vrindavana Chanda,
Anathanatha Deenabandhu Radhe Govinda

Rama Nama Taarakam

Rama Rama Rama Rama, Rama Nama Taarakam

Rama Krishna Vasudeva Bhati Mukti Daayakam
Janaki Manoharam SarvaLokha Naayakam

Shankaraadi Sevya Mana Divya Nama Vaibhavam.

Jai Durga Lakshmi Saraswati
Jai Durga Lakshmi Saraswati Sai Jagan Maata
Sai Jaganmaata Mam Pahi Jagan maata

9.0 AARATHI SONGS

Chant AUM Namah Shivaya when you get the Aarathi Plate reading to show Aarathi.

9.1 SARVA MANGALA MANGALYE

Sarva Mangala MangalyeShive Sarvartha Sadhike
Sharanye Tryambake Gauri Narayani Namostute

Namastestu maha maye Sri peethe sura pujite
Shankh-chakra-gadha haste Mahalakshmi namostute

Saraswati namastubhyam varadé kāmarūpiṇi
Sidyārambham kariṣhyāmi, siddhir bhavatu mé sadā

Annapoorne Sadaa Poornne Shangkara Praanna Vallabhe
Jnyaana Vairaagya Siddhy i Artham Bhikshaam Dehi Cha Paarvati

Maataa Cha Paarvati Devi Pitaa Devo Maheshvarah
Baandhavaah Shiva Bhaktaash Cha Svadesho Bhuvana Trayam

Amme Naarayana Devee Naarayana
Lakshmee Naarayana Badre Naarayana

From Arathi offer flowers to Devi and then allow others to take the Energy from the Aarathi. While doign Arathi you can ring bells, blow conch, fan AMMA like a queen– Raja Rajeswari.

9.2 AUM JAI JAGADISH HARE

1) Aum Jai Jagadish Hare
   Swami Jai Jagadish Hare
   Bhakt Jano Ke Sankat
   Daas Jano Ke Sankat
   Kshan Men Door Kare
   Aum Jai Jagadish Hare

2) Jo Dhyaave Phal Paave
   Dukh Bin Se Man Kaa
   Swami Dukh Bin Se Man Kaa
   Sukh Sampati Ghar Ave
   Sukh Sampati Ghar Ave
   Kasht Mite Tan Kaa
   Aum Jai Jagadish Hare

3) Maat Pita Tum Mere
   Sharan Kahoon Kiski
   Swami Sharan Kahoon Kiski
   Tum Bin Aur Na Dooja
   Tum Bin Aur Na Dooja
   Aas Karoon Jiski
   Aum Jai Jagadish Hare

4) Tum Pooran Paramatma
   Tum Antaryami
   Swami Tum Antaryami
   Paar Brahm Parameshwar
   Paar Brahm Parameshwar
   Tum Sabke Swami
   Aum Jai Jagadish Hare

5) Tum Karuna Ke Saagar
   Tum Paalan Karta
   Swami Tum Paalan Karta
   Main Moorakh Khalakhami
   Main Sevak Tum Swami
   Kripa Karo Bharta
   Aum Jai Jagadish Hare

6) Tum Ho Ek Agochar
   Sab Ke Praan Pati
   Swami Sab Ke Praan Pati
   Kis Vidhi Miloon Dayamaya
   Kis Vidhi Miloon Dayamaya
   Tum Ko Main Kumati
   Aum Jai Jagdish Hare

7) Deen Bandhu Dukh Harta
   Thaakur Tum Mere
   Swaami Rakhshak Tum Mere
   Apne Haath Uthao
   Apni Sharan Lagao
   Dwaar Padha Tere
   Aum Jai Jagadish Hare

8) Vishay Vikaar Mitaao
   Paap Haro Deva
   Swami Paap Haro Deva
   Shradha Bhakti Badhao
   Shradha Bhakti Badhao
   Santan Ki Seva
   Aum Jai Jagadish Hare

9) Aum Jai Jagadish Hare
Swami Jai Jagadish Hare
Bhakt Jano Ke Sankat

10) Daas Jano Ke Sankat
Kshan Men Door Kare
Aum Jai Jagadish Hare

10.0 JAI

Durga Maata Ki Jai
Maha Lakshmi Maata Ki Jai
Saraswathi Maata Ki Jai
(Sthaapana Devi Ki Jai)
Mahi-shaasura Mardini Ki Jai

11.0 SHANTHI MANTRAS

11.1 ASATHOMA SADHGAMAYA

Aum Asato Maa Sad-Gamaya
Tamaso Maa Jyotir-Gamaya
Mrtyor-Maa Amrtam Gamaya
Aum Shaantih Shaantih Shaantih

11.2 POORNAMADA

Aum Poornam-Adah Poornam-Idam
Poornaat Poornam Udachyate
Poornasya Poornam-Aadaaya
Poornam-Evaavashishyate
Aum Shaantih Shaantih Shanatih

11.3 LOKAH SAMASTAHA

Lokaha Samastaha Sukhino Bhavantu

AUM Shanti Shanti Shantihi

12.0 DEVI KSHAMA PRARTHANA STHOTHRAM

Translated by P. R. Ramachander

Objective: This prayer to AMMA requesting pardon for mistakes in the rituals. This is a part of Durga Sapthasloki

Aparadha sahasrani kriyanthe aaharnisam maya,
Daso aayamithi maam mathwa kshamaswa parameshwari. 1
Oh great goddess, I commit thousands of offences routinely, so please think me as your slave and please pardon me.

Aavajanam na janami, na janami visarjanam,
Poojam chaiva na janami, kshamyatham Parameshwari. 2
I do not how to invoke you, nor do I know how do send you away,
And I also do not know how to worship you, and please pardon me.

Manthraheenam, kriyaheenam, Bhakthiheenam, Sureswari,
Yath poojitham maya devi paripoornam thadasthuthe. 3
I do not know chants or holy action or devotion, Oh God of the devas,
And so whatever worship I do, please make it complete.

Aaparadha satham kruthwa jagadambethi cho ucharath,
Yaam gathim samvapnothe na thaam brahmadaya suraa. 4
If one calls you, "Mother of the universe" and commits hundred mistakes, Still you look after his salvation, and this cannot be done by Brahma and other devas.

Saparadhosmi saranam prathasthvam jagadambike,
Idhanee manu kampyoham Yadecchasi thada kuru. 5
Oh mother of the universe, having committed several mistakes I seek your refuge,
And please decide on the fate of this shivering one according to your wishes.

Agnana smrutherbranthya yanyoonam adhikam krutham,
Thath sarva kshamyadham devi praseedha parameshwari. 6
Oh great goddess I have done all this due to ignorance and wayward thoughts,
And so excuse them all and be pleased with me.

Kameshwari jaganmatha sachidananda vigrahe,
Grahanarchameemam preethya praseeda parameshwari. 7
Oh Goddess of love, Oh mother of the world, Oh source of eternal happiness,
Please accept my worship and with love become pleased with me.

Guhyadhi guhya gopthri grahana asmad krutham japam,
Sidhir bhavathu mey devi thwat prasadath sureshwari. 8
Oh goddess who is secret of secrets, please accept the chanting done by me,
And make me powerful, through your grace, Oh Goddess of the devas.

13.0 MANGALAM

Objective: This is chanted to connect eternally to Sakthi (Mangal) form of AMMA.

Mangalam Nitya Mangalam
Mangalam Nitya Mangalam

Mangalam Nitya Mangalam
Nin Sanni-Daana-Thil Mangalam (2x) (Mangalam)

Mangalam Nitya Mangalam
Nin Saanidhya -Thil Mangalam (2x) (Mangalam)

Mangalam Nitya Mangalam
Nin Anugraha- Thaal Mangalam (2x)

Mangalam Nitya Shuba Mangalam
Mangalam Nitya Shuba Mangalam
Mangalam Nitya Shuba Mangalam

Bhaarath maataa Ki-Jai Bhava
Amriteshvaryai Devee Ki-Jai Bhava
AUM Poorna Parabrahma sorupini
Ki-Jai Bhava

14.0 UNI5 PATTERN

For everyone their own Self is important than anything in this world. In fact all that exist for every one is their inner Self and the external Universe. The outer and inner is made up of only Energy. Though this Energy inside and outside is only one and Same, we have a duality of "I" and other matter. Then we have a question where did I and this matter come and is there a connection or not.

To make this concept understand in a easy way, we view this single Universal Energy manifestation in a pattern of five phenomenal states. The Universal Self pattern refers to the five pattern of Energy.

This five pattern is also seen within us as our

1. Physical (occupying space-time) **Body**,

2.Chemical (interactive) **Mind**,

3. Mathematical (calculating) **Intelligence**,

4. Biological (living) Awareness and

5. Selftual (all embracing) **Consciousness**.

The individual has the choice to recongize one's own Self to be the changing physical body and emotional mind or the cognizing intelligence or the Self awareness or the Community Self Consciousness.

Being in the Self Awareness/ Consciouness state is **Selftual**, the core meshage of Uni5 Community.

Every choice comes with a result. Identifying oneself to the changing body and mind results in fear of old-age, death and decay.

Identifying oneself to the intelligence results in confidence in realizing the reality of Energy evolution of the Universe.Identifying oneself to the Self-Awareness results in being the inner Evolution.

Identifying oneself to the Community Self Consciousness results in a Eternal steady state of existence.

Everlasting happiness comes when the individual Self is connected to the Community Self. This is shown by the invidual self pointing finger (fore-finger) joining the thumb finger denoting the Community Self Consciousness.

The single Universal Energy expanded in five process to this existing Universe. Then this Energy goes back to the same Source. The five hands and the U gives the meaning that all that came goes back to the source (inclined C shape).

In the logo the five fingers are five in number, uni5 is four in number, All that is 3 in number, I am is two in number , Eternal is one in number.

The word "I am Eternal" refers to the state when the individual transcends to the state of a community Self. At this state the indivudal self recognizes the Single Universal Energy state.

Energy can neither be created nor destroyed (**Eternal**) only transformed from one form to another. So our **Self** is Eternal.

Five Uni5 Principles

1. Thumb - The Purpose of life is to be happy.

2. **Index** - "As is the Macro-Universe (our outer) so is the Micro-Universe (our inner)".

3. **Middle** - The Universal Energy can neither be created nor destroyed but transform from one form to another.

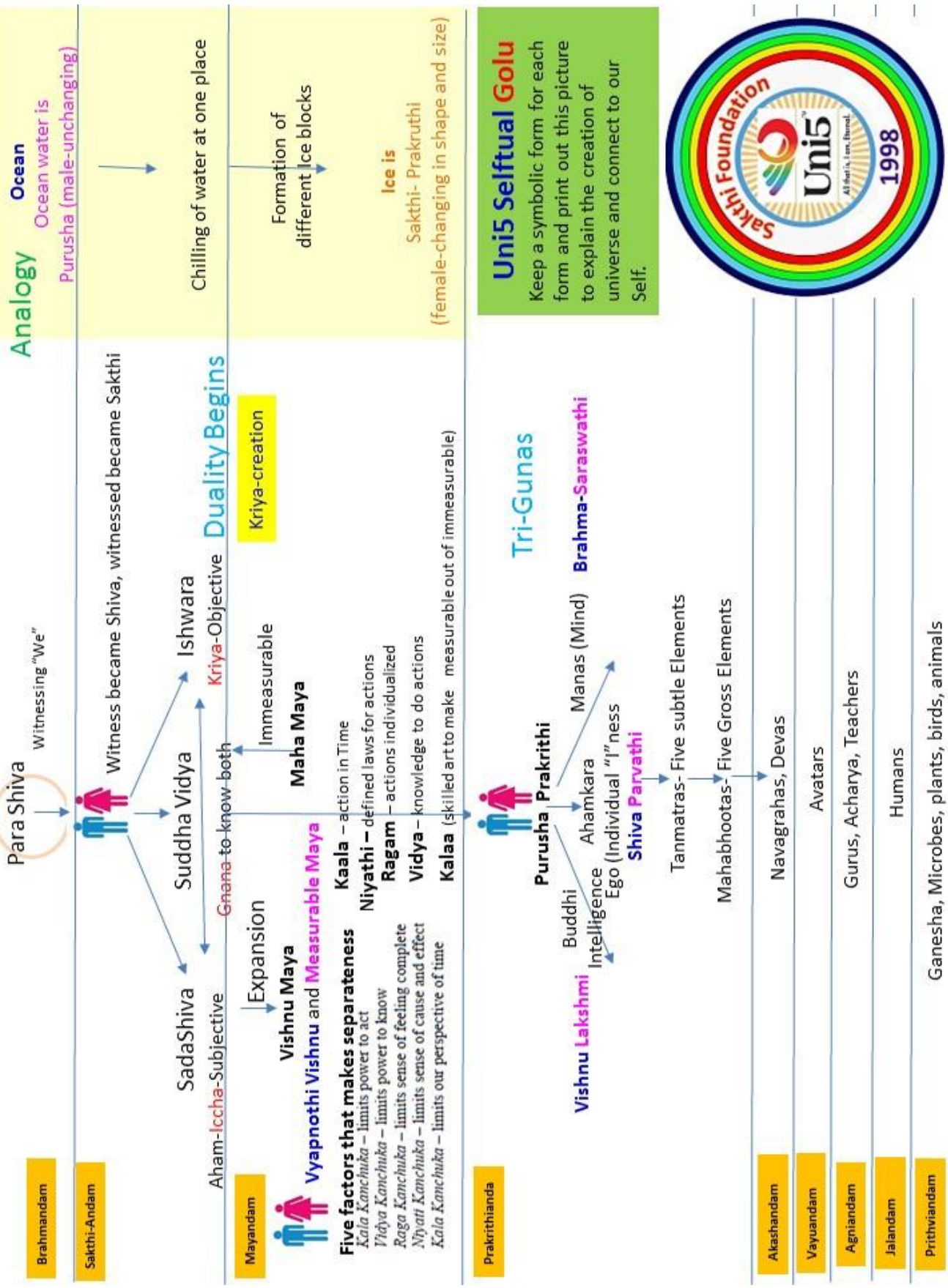
4. **Ring** - Transformation (evolution) of the mind to higher level of views is inevitable for happy life.

5. Little -Every action has an effect and so choose actions that bring Eternal happiness.

The Hierarchy Uni5 Triangle and Selftual Circle: When we identify ourself with our physical body, emotional mind and intellectual logics, there is a hierarchy of superiority. In the Self level, there is only the Self at its center and any size circle with a range of circumference could be drawn. Our Self (image) is determined by how far we embrace this universe.

Aum
Sarvam khalvidam Evaham
Nanya Dashti Sanathanam

All that is, I am, Eternal.


Brahmandam
Sakthi-Andam
Mayandam
Prakrithianda
Akashandam
Vayuandam
Agniandam
Jalandam
Prithviandam
Para Shiva
Witnessing "We"
Witness became Shiva, witnessed became Sakthi
Aham-Iccha-Subjective
SadaShiva
Suddha Vidya
Ishwara
Kriya-Objective
Gnana-to-know-both
Duality Begins
Kriya-creation
Expansion
Vishnu Maya
Vyapnothi Vishnu and Measurable Maya
Immeasurable
Maha Maya
Five factors that makes separateness
Kala Kanchuka – limits power to act
Vidya Kanchuka – limits power to know
Raga Kanchuka – limits sense of feeling complete
Nyati Kanchuka – limits sense of cause and effect
Kala Kanchuka – limits our perspective of time
Kaala – action in Time
Niyathi – defined laws for actions
Ragam – actions individualized
Vidya – knowledge to do actions
Kalaa (skilled art to make measurable out of immeasurable)
Purusha Prakrithi
Tri-Gunas
Vishnu Lakshmi
Buddhi
Intelligence
Ahamkara
Ego (Individual "I" ness
Manas (Mind)
Brahma-Saraswathi
Shiva Parvathi
Tanmatras- Five subtle Elements
Mahabhootas- Five Gross Elements
Navagrahas, Devas
Avatars
Gurus, Acharya, Teachers
Humans
Ganesha, Microbes, plants, birds, animals
Analogy
Ocean
Ocean water is
Purusha (male-unchanging)
Chilling of water at one place
Formation of
different Ice blocks
Ice is
Sakthi- Prakruthi
(female-changing in shape and size)
Uni5 Selftual Golu
Keep a symbolic form for each form and print out this picture to explain the creation of universe and connect to our Self.
Sakthi Foundation
Uni5
1998